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Alcona County Review \$125

VOL. 154

No. 3

January 17, 2024

1 Section

Serving Alcona County Since 1877

Harrisville, Michigan 48740

Murder trial continues with detailed interview

By Cheryl Peterson *Editor*

Testimony resumed on Tuesday, Jan. 8 in the murder trial of two-year-old Jayde McDonnell who died on July 22, 2022, at MyMichigan Medical Center in Alpena.

Medical personnel from the hospital, and law enforcement officers who responded to the call of an "unresponsive" toddler brought into the emergency room by her mother, testified to what they witnessed and their actions that day.

Aaron J. Trout, 34, of Curtis Township, is charged with one count of felony murder and one count of child abuse in the first degree for the alleged murder of Jayde McDonnell, the two-year-old daughter of his then girlfriend, Adrienne Pavelka.

Sgt. Mark Bluck, a police officer for the City of Alpena, was dispatched to the hospital in the morning of July 22, 2022. He was the first law enforcement officer to interact with the child's mother. "She was crying and visibly upset... very emotional," Bluck said. "She told me that Aaron killed her daughter and threatened to kill her kids and her mother if she didn't tell the story they made up about how she was injured."

He spent roughly an hour at the hospital with Pavelka, recording the interview, which included several medical personnel interrupting to check on her.

Pavelka explained that prior to the incident, she had known him, as a friend, for about seven years. At one point, she was living with Gannon McDonnell, the father of her children, and Trout and his then-girlfriend, Nicole (Gannon's sister), the mother of his three children, in a mobile home downstate. This arrangement included three McDonnell children, three Trout children and three children that were from a previous relationship of Nicole's.

After that arrangement ended, the couples and their children went their separate ways. Eventually, both relationships ended. Some time later, Pavelka and Trout

started talking and a relationship developed. Trout invited Pavelka to live with him in Glennie, which she did in late April or early May 2022.

In her interview, Pavelka said she and her three children moved in with Trout. A month or so later, Pavelka's mother said she wanted to take her grandchildren. Initially, all three were to move in with their grandmother. "Jayde was supposed to go, then he gave Jayde a black eye that morning, so he wouldn't let her go. She sat in the car with sunglasses on when we dropped off (her daughters)."

When asked about their relationship, Pavelka said it had been good up until about two weeks before Jayde died.

There was stress from "potty training" Jayde and Trout, according to Pavelka's interview, became steadily controlling with her and abusive toward Jayde. She explained that she didn't drive and she didn't have a cell phone because Trout took it, and didn't let her use his phone.

It culminated on the evening of July 20, 2022, when he became angry be-

Continued on page 5



Calm before the storm... Lake Huron at rest a few days before heavy snowfall and high winds came blowing in. *Photo by Cheryl Peterson*.

Inpatient addiction recovery facility construction underway

By Mary Weber

Staff Writer

For many years, rural areas such as Alcona County have borne a disproportionate burden of the national opioid crisis. Limited access

to healthcare, sparse resources and economic challenges have compounded the struggles faced by individuals and families dealing with addiction.

Because of the Michigan opioid settlement, however, a brighter outlook is on the horizon.

The funds coming in must be spent on opioid prevention, treatment or recovery. Prevention is done in schools and communities with education and deterrent programs. Treatment includes funding treatment centers for inpatient detoxification, counseling, transportation to and from meetings, medication-assisted treatment or anything recognized as a pathway to recovery.

Zachary Williams, a recovery coach professional (RCP) and prevention specialist, said the whole treatment and recovery process can be quite complicated depending on what type of insurance the participant has.

"We have run into that problem here in Recovery Court (formerly known as Drug Court). If you go to jail, your Medicaid is shut off, you may need a grant or a scholarship to get into the recovery

door. That was the first thing the Alcona County Opioid Committee did with settlement funds, they set aside funds for those going into Recovery Court," Williams said.

Williams is also a Recovery Court graduate. He knows, firsthand, what addiction is, has gone through treatment and is now on the other side to help those who are finding their way out of addiction.

He explained his deepest interest is the recovery aspect of opioid addiction and is in the process of building a residence for men looking for additional time before returning home after opioid treatment, which he is calling The Nest Recovery Residence.

While Williams was in training to become a recovery coach, he learned that on any given day in the State of Michigan, there are about 800 beds available to men seeking recovery. Unfortunately, the need is for about 8,000 beds, which is why he wanted to build The Nest.

He said for women the numbers are even worse and

Continued on page



Defendant Aaron Trout listens as his attorney cross examines a witness. Court security officer Steve Davis looks on. *Photo by Cheryl Peterson*.



God Bless America



Obituaries



NOTICE

The Village of Lincoln is seeking an individual to serve on the Planning Commission. Applicant must be a resident of the Village. Please consider becoming a part of this important group that will shape the future of your community. A letter of interest should be sent to:

> Village of Lincoln P.O. Box 337 Lincoln, MI 48742 Attn: Planning Commission

Applications will be opened at the regular Village Council Meeting on February 5th, 2024 at 7 p.m.



Margaret Agnes Fox, 84, of Lincoln died on Thursday, Dec. 21, 2023, in Omaha, Neb.

She was born May 20, 1939, in Renova, Pa. to Kenneth and Genieva (Cushman) Fox. She was raised in Alaska and Wisconsin.

She earned a master of Christian education degree from San Fransico Theological Seminary in 1966 and worked as a Christian education teacher in many loca-

tions throughout the country. In 1985 she received a Master of Divinity degree in 1985 in Roanoke, Va.

Reverand Fox moved to Lincoln in 1986 and became the pastor of Spruce Presby-

After graduating from Sagi-

Miss Rizzardi spent sum-

Margaret A. Fox

terian and Westminster Presbyterian churches. She served those congregations until her retirement in 2006.

During her retirement, she served as pastor on St. Lawrence Island in Alaska.

She enjoyed kayaking, hiking and other outdoor adventures.

Reverand Fox is survived by one brother, Roy (Maryann) Fox of Omaha, Neb.; two nephews, Andrew (Melissa) Fox of Omaha, Neb. and Kenneth Fox of Lincoln, Neb.; and many grand and greatnieces and nephews.

A funeral service will be held Saturday, Jan. 20 at 11 a.m. at Westminster Presbyterian Church in Harrisville.



The Rev. Karen Thompson will officiate. Memorials may be made to Westminster Presbyterian Church, P.O. Box 347, Harrisville, Mich., 48740 or Spruce Presbyterian Church P.O. Box 37, Spruce, Mich. 48762.

Cheryl A. Rizzardi

Cheryl Ann Rizzardi, 45, of She enjoyed traveling, outdoor activities including boat-Harrisville, died on Wednesing and parasailing, spending time with her friends and She was born April 11, family, skiing, snowmobiling, 1978, to John and Nancy (Taylor) Rizzardi in Alpena. She and gardening.

Miss Rizzardi is survived by her mother, Nancy Jean Rizzardi; four brothers, John William (Kimberly) Rizzardi, James William (Jeannie) Rizzardi, William Robert Rizzardi, and Robert James Rizzardi; and five nieces and nephews, John Ryan Rizzardi, Ashley Anne Rizzardi, Jimmy Rizzardi, Joey Rizzardi, and Jacob Rizzardi.

She was preceded in death by her father, John Rizzardi; and her grandparents, Bill and Cecilia Taylor and Laura and Jim Rizzardi.

Visitation will be held Wednesday, Jan. 17, at St. Anne Catholic Church in



Harrisville from 11 a.m. until the funeral Mass at noon. Burial will be in St. Anne Catholic Cemetery, Harris-

Memorial donations may be made to Friends Together, 105 Prentiss Street, Alpena, Mich. 49707. Arrangements were handled by Gillies Funeral Home, Lincoln.

Alcona County Review

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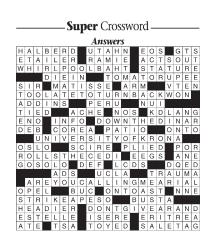
LETTERS TO THE EDITOR are always welcome. All letters MUST be signed. Freedom of speech includes the responsibility for what is said. Authors MUST include an address and telephone number for verification, not publication. Word limit is 300. Deadline is Friday at 4 p.m. All rights reserved to edit letters for style, length and libelous content. Letters express the opinion of the author, not the opinion of the newspaper or its employees.

ADVERTISING RATES are available by calling the Review office. (989) 724-6384. Display advertising deadline is Friday at 4 p.m. Classified deadline is Monday at 2 p.m.

Self addressed and stamped envelopes must accompany photographs, CDs, disks, and other material used to transfer **images and information** in order for them to be returned. Any items without this provision will become the property of the Review.

POSTMASTER send address changes to the Alcona County Review, P.O. Box 548, Harrisville, Mich. 48740. THE PUBLISHER reserves the right to edit or reject any editorial

or advertising copy submitted. Copyright 2024





Maintaining an outdoor compost pile through winter months will produce fertilizer for planting in the spring, and can act as a secondary heat source for a greenhouse. To keep compost active over winter, feed it the right balance of green (nitrogen) and brown (carbon) ingredients. Green scraps will be produced in your kitchen over the winter, but most of the brown matter such as dried leaves, straw and plant debris will have been produced in the fall. Gather these types of materials, bag them and store them in a dry place near your compost, so you can balance the green scraps that are added through the winter. - Brenda Weaver

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Writing Letters to the Editor

The Alcona County Review welcomes Letters to the Editor so readers can express their opinion or draw attention to local, regional or statewide issues. However, letters on national topics will not be accepted.

- Letters to the editor must be signed with a first and last name and include an address and phone number where the author can be reached for confirmation or questions during regular business hours. *Unsigned letters will not be published*.
- Letters must address the editor -- not government, the community, organizations or the authors of previously published letters.
- Letters should be no longer than 300 words. Inappropriate content will be deleted and letters will run on a space available basis.
- This forum is not intended as a thank you section for groups and organizations. Thank yous are considered personal messages and therefore advertising.
- Drop off letters to the Alcona County Review office at 111 Lake Street, Harrisville; mail to P.O. Box 548, Harrisville, Mich. 48740; or e-mail using plain text format to editor@alconareview.com.



Calendar of Events



THURSDAY, JANUARY 18

Veterans and spouses and widow(er)s are invited to join other retired military members for a drop-in coffee and fellowship between 9 a.m. and 11 a.m. at Westminster Presbyterian Church in Harrisville. For more info., call (989) 724-9581.

The Community Walking Club for Everyone will meet in the parking lot of the Harrisville branch of the Alcona County Library at 9 a.m. Call (989) 724-6796 for more information.

FRIDAY, JANUARY 19

There will be a children's craft activity and story time at 10:30 a.m. at the Harrisville branch of the Alcona County Library. See the library's Facebook page for updates and information about each week's book and craft activity. For information, call (989) 724-6796.

SATURDAY, JANUARY 20

Forge new friendships, learn to strategize and be creative in the teen-exclusive Dungeons & Dragons Club, which meets from 11 a.m. to 3 p.m. at the Harrisville branch of the Alcona County Library. Call (989) 724-6796 for details.

MONDAY, JANUARY 22

It's a potluck of palates and a feast of friendship at the Harrisville branch of the Alcona County Library with the Cookbook Club, which meets at 5 p.m. Select a recipe from January's cookbook, "Six Seasons: A New Way with Vegetables," by Joshua McFadden. Select a recipe, make it and share with fellow club members. For more information, call (989) 724-6796.

TUESDAY, JANUARY 23

Practice ukulele at the Harrisville branch of the Alcona County Library from 10 to 11:30 a.m. If needed, ukuleles are available for checkout and players of all skill levels are welcome. The ability to read music is not required. For more details, call (989) 724-6796.

Play euchre at the Lincoln Senior Center, lower level, 207 Church Street, Lincoln from 12:30 to 3:30 p.m. All seniors are welcome to participate in this free activity.

WEDNESDAY, JANUARY 24

The Alcona County Library Board of Trustees will meet in the conference room of the Harrisville branch of the Alcona County Library at 2 p.m. The public is welcome to attend.

Homeschoolers, seasoned or curious, are invited to the Harrisville branch of the Alcona County Library from 1 to 2 p.m. to offer inspiration and camaraderie for schoolaged children. For more information, call (989) 724-6796

The Lincoln Pop-Up Pantry will be held at 3 p.m. at Cole's Appliance storage building by AAA Credit Union in Lincoln until the food is gone.

WEDNESDAY, JANUARY 24

"Golden Grocery Giveaway" (Formally known as CSFP/Commodity Supplemental Food Program) will be held from 9 to 10 a.m. at the Plainfield Township Community Center, 415 E. Main Street, Hale.

"Golden Grocery Giveaway" (Formally known as CSFP/Commodity Supplemental Food Program) will be held from noon to 12:30 p.m. at Sacred Heart Catholic Church, 5300 N. US-23, Oscoda.

THURSDAY, JANUARY 25

The Community Walking Club for Everyone will meet in the parking lot of the Harrisville branch of the Alcona County Library at 9 a.m. Call (989) 724-6796 for more information.

FRIDAY, JANUARY 26

There will be a children's craft activity and story time at 10:30 a.m. at the Harrisville branch of the Alcona County Library. See the

library's Facebook page for updates and information about each week's book and craft activity. For information, call (989) 724-6796.

SATURDAY, JANUARY 27

Forge new friendships, learn to strategize and be creative in the teen-exclusive Dungeons & Dragons Club, which meets from 11 a.m. to 3 p.m. at the Harrisville branch of the Alcona County Library. Call (989) 724-6796 for details.

TUESDAY, JANUARY 30

Practice ukulele at the Harrisville branch of the Alcona County Library from 10 to 11:30 a.m. If needed, ukuleles are available for checkout and players of all skill levels are welcome. The ability to read music is not required. For more details, call (989) 724-6796.

(Éditor's Note: Entries for Calendar are always welcome. The deadline is Friday at noon. They will be published in chronological order as space allows. Entries should be turned in at least two weeks prior to the date of the event. Events sponsored by businesses or individuals to make a profit or governmental units for meeting notification are not eligible for this free public service. Sorry, bingo, garage sales, raffle ticket sales, or political campaigning information is not eligible.)

Every life deserves to be honored. Every story deserves to be told. We are your memorial experts.



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Americanisms



"One of the hardest things in life to learn is which bridges to cross and which bridges to burn."

—Oprah Winfrey

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NOTICE

The Village of Lincoln is seeking applications for someone to serve on the Village Council. The applicant must be a registered voter in the Village and be willing to serve the remainder of a four term that expires 12/2024. This position has been created by a vacancy on the current board. Interested persons may submit a letter of application to:

Village of Lincoln P.O. Box 337 Lincoln, MI 48742 ATTN: Council Position

Applications will be opened at the regular Village Council meeting on February 5th, 2024 at 7 p.m.

CEDAR LAKE IMPROVEMENT BOARD REQUEST FOR PROPOSALS FOR REAL ESTATE BROKER SERVICES

The Cedar Lake Improvement Board (CLIB) seeks a real estate firm specializing in residential and lake front real estate to provide divestment services for property owned by the CLIB. It is the intent of this RFP to have the successful broker/firm enter into a Professional Services Contract with the CLIB to supply real estate services.

The CLIB has decided to sell a portion of its property located in Greenbush Township at 3325 W Cedar Lake Rd, Greenbush, MI 48738, Parcel ID # 040-015-400-100-00. The property available for sale will consist of a portion of the land east of Cedar Lake Rd. The CLIB will complete the land division process prior to offering the land for sale.

The real estate firm will be paid strictly on commission basis, will be expected to work closely with the CLIB, and provide monthly reports to the CLIB Chairman. Proposals that include a request for guaranteed fees will not be accepted.

All questions should be sent to Rex Vaughn, Chairman, CLIB, by email at rvaughn@tir.com. Prior to submitting a proposal, interested bidders must obtain the Request for Proposals Information Packet by emailing a request to the CLIB Chairman. Deadline for questions will be Friday, January 26, 2024.

Sealed proposals must be submitted **ONLY** by US Mail to the Cedar Lake Improvement Board, PO Box 53, Greenbush, MI 48738. All bidders must mail their proposals in time to meet the proposal deadline of 5:00 pm on Wednesday January 31, 2024. All proposals must be clearly marked on the outside "Proposal – Real Estate Broker Services".

The CLIB reserves the right to reject any and all bids, to waive irregularities in bids, and to accept bid believed to be the most advantageous to the CLIB and the public.

LEGAL NOTICE

Consumers Energy, 1945 W. Parnall Rd, Jackson, MI announces that it is planning to apply a herbicide to its right-of-way in order to maintain the reliability of its power system.

The herbicide will be applied with hand pumped-backpack style sprayers. The crews will selectively apply herbicides to woody tree species throughout the right-of-way as needed. Crop areas and gardens will be avoided.

Herbicides that will be used are a combination of the following: Garlon 3A (active ingredient: Triclopyr), Milestone (AI: Aminopyralid), Escort XP (AI: Metsulfuron Methyl), Garlon 4 Ultra (AI: Triclopyr), Arsenal (AI: Imazapyr), and Stalker (AI: Isopropylamine Salt of Imazapyr), with 85% to 94% water as a diluent.

The application is scheduled for January 2nd through December 31st in Alcona County.

All treatments will be completed according to label requirements and all state and federal requirements. Please keep people and pets off treated areas until sprays have dried. There are no restrictions on your use of the treated area after the material has dried on the plant.

Thunder Bay Tree Service has been contracted to perform this work. Any questions should be directed to:

Thunder Bay Tree Service Attn: Austin Gilmet 1172 Halley Rd. Alpena, MI 49707 1-877-333-8950



Local Potes

Local Notes

Senior Menu

The following meals will be served at 5 p.m. Monday through Thursday at the Lincoln Senior Center, 207 Church Street, Lincoln. Reservations are required by 11 a.m. each day by calling (989) 334-3470.

- Monday, Jan. 22: Fish, potato medley, corn, apple sauce
- Tuesday, Jan. 23: Rueben sandwich, potato lyonnaise, sauerkraut, pears.
- Wednesday, Jan. 24: Goulash, green beans, mandarin oranges.
- Thursday, Jan. 25: Ham sandwich, potato soup, carrot salad, tropical fruit.

All meals include milk, bread and butter according to guidelines. Menu is subject to change due to food availability. A donation of \$6 for folks under 60 and \$3 for those over 60 is welcome. For home delivered meals, call by 8 a.m. Monday through Thursday.

Film Festival in Harrisville

The Thunder Bay International Film Festival on the Road will be at the Harrisville branch of the Alcona County Library on Thursday, Jan. 25. Tickets are \$10, available on line and at library. Several short, water-related films will be shown from 6 to 9 p.m. with a reception at 5:30 p.m. For more about the annual film festival, see Friends of ThunderBayFriends.org.

Away at School

• Linsey Delellis of Black River was named to the Alpena Community College dean's list for the 2023 fall semester. To be eligible for the dean's list, a student must have full-time course loads of 12 or more credits with a grade point average between 3.50 and 3.99.

Car/Deer Accidents

Well Being Check

Neighbor Trouble

Identity Theft

Domestic

Civil

Threats/Harassment

Warrant Arrest

Assist

Larceny

- Cloe Camarata of Glennie was named to the Alpena Community College dean's list for the 2023 fall semester. To be eligible for the dean's list, a student must have full-time course loads of 12 or more credits with a grade point average between 3.50 and 3.99.
- Denise Myszynski of Glennie was named to the Alpena Community College dean's list for the 2023 fall semester. To be eligible for the dean's list, a student must have full-time course loads of 12 or more credits with a grade point average between 3.50 and 3.99.
- Carmen Dellar of Harrisville was named to the Alpena Community College dean's list for the 2023 fall semester. To be eligible for the dean's list, a student must have full-time course loads of 12 or more credits with a grade point average between 3.50 and 3.99.
- Quinten Goldberg of Harrisville was named to the Alpena Community College dean's list for the 2023 fall semester. To be eligible for the dean's list, a student must have full-time course loads of 12 or more credits with a grade point average between 3.50 and 3.99.
- Ellyana Keyser of Harrisville was named to the Alpena Community College dean's list for the 2023 fall semester. To be eligible for the dean's list, a student must have full-time course loads of 12 or more credits with a grade point average between 3.50 and 3.99.
- Logan Zuchowski of Harrisville was named to the Alpena Community College dean's list for the 2023 fall semester. To be eligible for

the dean's list, a student must have full-time course loads of 12 or more credits with a grade point average between 3.50 and 3.99.

- Natalie Goldstrom of Lincoln was named to the Alpena Community College dean's list for the 2023 fall semester. To be eligible for the dean's list, a student must have full-time course loads of 12 or more credits with a grade point average between 3.50 and 3.99.
- Thomas Raab of Lincoln was named to the Alpena Community College dean's list, with great distinction, for the 2023 fall semester. To be eligible for the dean's list and earn this distinction, a student must have full-time course loads of 12 or more credits with a 4.0 grade point average.
- Jenna Dahn of Spruce was named to the Alpena Community College dean's list for the 2023 fall semester. To be eligible for the dean's list, a student must have full-time course loads of 12 or more credits with a grade point average between 3.50 and 3.00
- Rachel Layton of Spruce was named to the Alpena Community College dean's list for the 2023 fall semester. To be eligible for the dean's list, a student must have full-time course loads of 12 or more credits with a grade point average between 3.50 and 3.99.
- Brady Pagels of Spruce was named to the Alpena Community College dean's list, with great distinction, for the 2023 fall semester. To be eligible for the dean's list and earn this distinction, a student must have full-time course loads of 12 or more credits with a 4.0 grade point average.

26

14

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3

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Alcona County Sheriff's Report For the Week of January 8 - 14, 2024

91 complaints were handled resulting in the following: 3 Arrests; 2 Arrest Warrant; 1 Operate While Intoxicated; 10 Citations Issued.

Complaint Statistics

Traffic/Traffic Stop Property Damage Accident Fraud/Scam Suspicious Event PBT/Drug Testing Alarm

Assault

Operate While Intoxicated

Abandoned Vehicle

No Insurance

Complaints taken by City, Township or Village

2

1

4

1	90					
Alcona	12	Caledonia	5		Curtis	10
Greenbush	9	Gustin	7		Harrisville	5
Hawes	3	Haynes	8		Mikado	9
Millen	6	Mitchell	3			
Harrisville City	12	Village of Li	ncoln	2		

Trial

Continued from page 1

cause Jayde did not tell anyone that she had used her training potty successfully.

"He picked her up - she's on the potty in the tote -- and was flinging her around. She landed on her face on the ground... he slammed her against the wall a couple of times... then slammed her on the floor - that's when I saw her eyes role back inside her

"He saw it too... he picked her up and was screaming her name and carrying her around the house trying to get her to wake up ... He washed her up in the bath tub because a bunch of blood came out her (rectum)," Pavelka said in the interview.

Pavelka said she wanted to get medical help right away, but Trout said "no" because he didn't want to go back to jail. And, at some point, held a handgun to her head and threatened her. He also gave her "medicine to help her forget, but all it did was make me sleepy."

Eventually, according to Pavelka, the child started to respond. "She only groaned. She could move her arms and legs, but she couldn't walk or talk, other than moans... she was like that for two days."

Pavelka said, "We kept her quiet. He gave her (children's) Tylenol. I fed her water and chicken broth with a syringe. Trout kept saying "she's fine," and that she was having a reaction to the Tylenol.

When Pavelka woke up on Friday morning, "she was a funny color, but still warm... but not responding, not breathing. I screamed 'we have to go."

On the drive to Alpena, Pavelka said in the interview, that she held Jayde and told Trout "I would take the blame. I wouldn't tell the truth. So, we came up with a story about a golf cart accident... he wouldn't take me to Tawas (hospital) because we've been there and knew the address, and he didn't want to go back to jail.

"He dropped us off at the door (MyMichigan Medical Center) and said he was going to be with my mom and two kids so he could kill them when I told the truth," Pavelka said.

Officer Bluck finished with Pavelka when Michigan State Police Detective Anthony Utt came into the room where they were conducting the interview.

Court adjourned Wednesday afternoon, with expectations to resume Thursday. However, Trout became ill, then weather forecasts for a significant snowfall on Friday came in, and a national holiday on Monday delayed the trial for the rest of the week.

At press time, the trial is expected to resume on Tuesday, Jan. 16 at 9 a.m. at the Alcona County Courthouse in Harrisville.



ROGERS CITY

JANUARY 24 6:00pm-9:00pm TBIFF on the Road Rogers Theater, **Rogers City**

HARRISVILLE

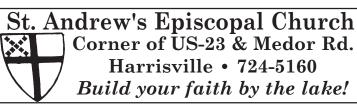
JANUARY 25 6:00pm-9:00pm TBIFF on the Road Alcona County Library, Harrisville

ALPENA

JANUARY 26-28 See website for schedule **Events & Films**

Great Lakes Maritime Heritage Center, Alpena

A CHURCH DIRECTO



Family Heritage Baptist Church

4260 M-72 Harrisville (2.5 miles west of the light) Pastor Ernest Ruemenapp 989-335-8282 • www.church72.org. Sunday school 10 a.m.



Sunday worship 11 a.m Wednesday Bible Study and Coffee 10 a.m Children's ministry on Wednesday at 6 p.m. September thru May



New Life Lutheran Church (ELCA)

Sunday Worship & Sunday School 9:30 a.m. Hubbard Lake Rd.,

3/4 mile south of White Pine National Golf Course Office 736-7816

Our Savior Lutheran Church

3639 South M-65, Glennie, Michigan Sunday Morning 9 a.m. Worship Service Everyone Welcome

Trinity Evangelical Lutheran Church (WELS)

Church Street at Traverse Bay Road Lincoln, Mich. 48742 ~ 736-1227

Pastor David Putz~ Service, Sunday 9 a m

Hope Lutheran Church NALC

5462 Nickelson Hill Road, Hubbard Lake Sunday Worship 10 a.m. Rev. Dr. Bryan Salminen 989-727-3206



Catholic Parishes of the Resurrection

St. Raphael, Mikado Saturday 4 p.m. St. Anne, Harrisville Sunday 11 a.m. St.Gabriel, Black River, Saturday 6 p.m. St. Catherine, Ossineke Sunday 9 a.m. Sacred Heart, Oscoda Saturday 4 p.m. & Sunday 9 a.m. Pastor Fr. Gerald C. Okoli • (989)471-5121 • (989) 724-6713

GREENBUSH COMMUNITY BAPTIST CHURCH

2430 S. State, Greenbush • 724-5264 • Pastor A. C. Caincross

- Sunday School 9:45 a.m.
- Sunday Morning Service 11 a.m.
- Sunday Evening Service 6 p.m.

Wednesday Prayer Meeting 6 p.m.

Haynes Community Church

4505 Shaw Road, Harrisville, Michigan 48740 Sunday Morning Service 11 a.m. • 989-724-6665 Bible Study Thursday 1:30 p.m.

Pastor Claire Duncan • haynescommunitychurch.org



First Baptist Church of Lincoln

Sunday School 9:45 a.m. - Worship 11 a.m. Bible Study/Prayer, Wed. 7 p.m.

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Call the Review (989) 724-6384 or email editor@alconareview.com

PETS OF THE WEEK

At the Alcona Humane Society 457 W. Traverse Bay Rd., Lincoln • 989-736-7387



Steven and Conrad are 4 year old neutered brothers! They are very loving and like to give kisses. These big boys would love to be able to sit in front of a cozy fire in the comfort of their own home! They would prefer to be the only animals; why wouldn't they want all the love to themselves?



Leo is a 1 year old Shar Pei. He will be neutered and have entropion (eyelid correction) surgery late February. His contract would be foster to adopt until after surgery is complete. He loves to gallop through the snow and be outdoors! He would be a great hiking buddy! Leo loves to give hugs and kisses!

Housing expo to educate new home buyers

By Mary Weber

Staff Writer

The journey of purchasing a home can be thrilling and overwhelming, especially for first-time buyers. Navigating the world of lenders and loans, real estate contracts and finding the right, affordable home can be daunting and confus-

To help unravel the complexity a First-Time Home Buyers Housing Expo will be held on Tuesday, Jan. 23 from 5 to 7 p.m. at Art in the Loft in Alpena.

The free, catered event sponsored by Target Alpena Economic Development Corporation and the Alpena Community Credit Union, will bring a wealth of knowledgeable professionals under one

roof with resources and insights tailored for those taking their first step towards home ownership.

Professionals will be available to engage with first-time buyers to explain mortgage options, how to decode real estate jargon, understand contracts, down payments, property insurance, finding affordable homes and much

Target Alpena Economic Development Coordinator Lenny Avery, said folks who have never thought about owning their own home should attend.

"This expo is for anyone and everyone who may want to buy a home someday, no matter what your current credit (rating) is or financial status. We will have lenders available, some of which may be able to offer down payment assistance.

"We will have industry experts: lenders, real estate professionals, manufactured home professionals, legal, and nonprofit sectors on hand to provide market tips, tricks, programs and services that could lead to affordable home ownership," Avery said.

For catering purposes, registration for the event is requested by emailing info@alpenachamber.com or by calling the Alpena Area Chamber of Commerce at (989) 354-4181 before the event date January 23, if possible. Art in the Loft is located at 109 N. Second Ave., Suite 300, Al-

Inpatient Continued from page 1

Fighting Opioid Addiction

Residents Helping Residents

Second in a 3-Part Series

ethics.

liams said.

he hopes to address the possibility of a women's recovery residence sometime in the future after he gets The Nest complete and running effi-

Williams purchased the old Carpenter Veterinary Clinic located on F-41 in Oscoda near the Alcona County border before the opioid settle-

ment dispersed any funds.

"Once a person leaves treat-

ment, they might not be ready

to go home. They may not

know how to live in the real

world quite yet. With insur-

ance standards, I've seen

people get as little as seven

days of treatment or as much

as 90 days of treatment," Wil-

He explained when a per-

son gets out of treatment,

they may not have a license

or a car, they may not even

have identification. While

overcoming all those ob-

stacles, The Nest will provide

a safe place to live with trans-

for recovering addicts, each

guest is expected to pay a

shared sober living expense

of \$450 which covers the cost

of their bed, kitchen facili-

The Nest is not a free roof

portation.

utilities. An additional \$200 sobriety deposit must be paid with the first month's rent.

In addition to paying monthly, The Nest guests must maintain complete abstinence from all mood, mind and emotion-altering substances, attend daily 12-step meetings, work with a sponsor, attend all house meet-

ings, maintain employment,

have a service position within

the recovery community and

comply with The Nest code of

Michigan Association of Re-

covery Residences and if a

guest violates the rules they

will be removed immediately.

The guests cannot even move

in without an exit strategy.

They must have a plan for

where they will go if they do

relapse or break a rule," Wil-

for a guest to stay at The Nest

is six months and, according

to Williams, there are some

scholarships available

through Northern Michigan

Opioid Response Consortium

that may cover their shared

living expenses for a week,

possibly a bit more, until they

The minimum commitment

"The rules are set by the



Zachary Williams

friend helped him to get the down payment for the purchase of it, but Williams put his own funds into paying the taxes, electricity and is slowly nipping away at remodeling.

He said things opened quite a bit for the residence when Judge Laura Frawley heard about his plans and asked him to come into the Alcona County Opioid Committee and present his business plan.

The committee, which presented its plans to the county commissioners to vote on, awarded \$16,200 from the state opioid funding to assist with the development of The Nest. Williams said additional funding of up to \$30,000 from settlement funds through Alcona County may also assist The Nest in the future.

Because of the funds committed by the county, Williams said Alcona County will receive preferential treatment for residents, bumping them to the top of the application

Although he has not received any funding yet from Iosco County, which received a large amount of state funding, he is hoping to also give those residents a jump in the application list line as well.

"Recovery begins here and it's the local people we want. Yes, we will get applications from people out of town, but I think there are enough people here that we can just serve our local communities," Williams said.

Williams has received his Michigan Association of Recovery Residences (MARS) designation and said that piggybacks into the National Association of Recovery Residences which will open the

Continued on page 7



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Williams has already started developing partnerships with businesses in drivable proximity of the residence to hire those in recovery. "Who wouldn't want employees who are guaranteed to be sober and show up for work on time? We have a transportation program to make sure people get back and forth to work and meetings," he said. He explained the transportation program for The Nest will be partnered with a nonprofit out of Boyne, Mich. and Traverse City, Mich., called

> by Corey Winfield. Williams felt the response from the community to the recovery residence has been monumental. He explained a

217 Recovery Rides founded

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Lady Tigers remain undefeated with latest win

By Ben Murphy

Sports Writer

The Lady Tigers jumped to a nine-point lead after the first quarter of the non-league girls basketball game at Ogemaw Heights on Monday, Jan.

The Lady Tigers never looked back either, as they returned home with a 42-32 victory.

In the opening quarter, Emma Travis scored eight points, hitting a pair of twopointers and also going fourof-four from the line. Jena Wambold hit a three-pointer and had five points as Alcona led 16-7 after one.

Kaylee Wambold hit for four points in the second quarter, and Sage Gauthier drilled

home a three-pointer. At the half it was a 24-18 Alcona lead.

The third quarter was a low-scoring one, but Claire Somers, Gauthier and Gracyn Tracy all hit twos. Alcona still led 30-23 entering the fourth quarter.

Travis scored seven more points in the final frame and finished with 16 points. Gauthier netted eight. J. Wambold and K. Wambold had five points apiece. Somers and Tracy chipped in with four points apiece.

Alcona (6-0 overall) hosted North Star League Big Dipper foe Oscoda on Tuesday, Jan. 16 and hosts Mio Thursday,

Tigers drop close battle against Ogemaw Heights

By Ben Murphy

Sports Writer

The Alcona boys varsity basketball team battled tough with visiting Ogemaw Heights on Monday, Jan. 8. The Tigers came up painfully short however, falling in the nonleague game on a score of 38-

"Tough loss right at the end of a hard-fought game," head coach Alex Cole said. "I thought the team executed the defensive game plan all night and gave us a chance to win. Unfortunately, we couldn't close it out at the end. I feel this is a good learning experience for all of us and something we can build on as we enter the heart of conference play."

In the opening quarter, Alcona had two point baskets by David Sharboneau, Garrett Somers and Jacob Renchenski, though they trailed 8-6 after one.

The Tigers picked up the offense in the second quarter on Thursday, Jan. 18.

as Cayden Hebert netted four points and Somers drilled a three. Collin Walker had an and-one play, and all told Alcona pulled ahead at the break, 20-18.

The third quarter action saw Somers hit a three and get five points. Renchenski netted four and Evan Borsvold also connected on a shot, and things were deadlocked 31all with just the fourth quarter left to play.

In that final frame Somers had a three-pointer and Borsvold knocked down a bucket as well, but their offense stalled which led to the one point setback.

Somers finished with 10 points. Renchenski had eight. Borsvold put in five. Hebert and Sharboneau had four apiece and Walker added three.

Alcona (7-4 overall) played a North Star League Big Dipper game at Oscoda on Monday, Jan. 15 and hosts Mio

Inpatient Continued from page 6

door to additional help with policies and procedures including events he may attend such as a recovery residence conference.

"It's a lot of work. It's not easy, but when I got out of treatment, I knew I wasn't ready to go home. I went to Addiction Treatment Services in Traverse City, Mich., and they were blessed enough to have a home for men across the street. They accepted me immediately and I got a job. I went to the pawn shop and bought a bicycle to get to work.

"My kids and wife were in New Mexico. They were waiting to see whether recovery was possible for me and having that recovery residence helped make it possible," Williams said.

He said Recovery Court participants and graduates have been volunteering time and energy into the remodeling of The Nest. "One young man comes out and cuts the grass. I've tried to pay him but he won't let me. Another man recovering has come and done plumbing work. Every person who has worked voluntarily is recovering. It's important to me to have them working on it.

"We put in a handicap bathroom making this one of a few handicap-accessible recovery residences in the state. It's taken some time, but it is coming together," Williams said. He is optimistic the doors will open within 45 to 60 days

Streaming Songs Flowers - Miley Cyrus Kill Bill – SZA 3. As It Was - Harry Styles Seven (feat. Latto) – Jungkook 5. Ella Baila Sola - Eslabon Armado, Peso Pluma Cruel Summer – Taylor Swift « 7. Creepin' (with The Weeknd & 21 Savage) - Metro Boomin 8. Calm Down (with Selena Gomez) - Rema 9. Shakira: Bzrp Music Sessions, Vol. 53 - Bizarrap, Shakira Anti-Hero – Taylor Swift

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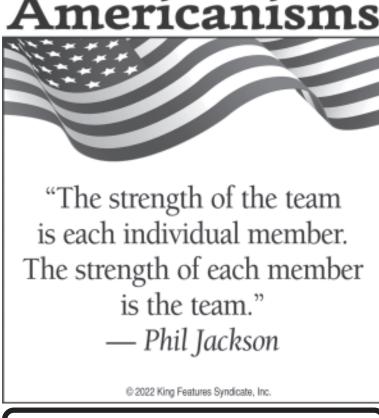
More funds are still needed for the non profit Nest and some agencies, including the Women's Presbyterian Association with members in Harrisville, have done some fundraisers.

Williams appreciates any donations they can get. They are also currently seeking drywall contractors.

For more information about The Nest Recovery Residence email your questions to nemrecoveryhousing-@gmail.com.







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The hidden danger of untreated heartburn

Dear Savvy Senior,

Is regular heartburn or acid reflux anything to worry about? I eat a lot of Rolaids throughout the day to help manage it, but it's gotten worse with age and it keeps me up at night too. What can you tell me?

Belching Bob

Dear Bob,

Almost everyone experiences heartburn or acid reflux from time to time, but frequent episodes can signal a much more serious problem. It's estimated that more than 60 million Americans experience heartburn at least once a month, with around 15 million people who suffer from it daily.

Heartburn symptoms show up in a variety of ways - as a burning pain behind the breastbone, indigestion, or a sour or burning taste in the back of the throat. Other symptoms may include chest pain, excessive belching, a long-term cough, sore throat or hoarseness.

If you're plagued by heartburn two or more times a week, and it's not responding well to over-the-counter antacids you need to see your doctor, who may refer you to a gastroenterologist. Frequent bouts may mean you have gastroesophageal reflux disease, or GERDs, which can severely irritate and damage the lining of your esophagus, putting you at risk of Barrett's esophagus and esophageal cancer if it's not treated.

Lifestyle Adjustments

Depending on the frequency and severity of your heartburn, there are a number of lifestyle adjustments you can make that can help provide relief and avoid a more serious problem down the road, such as:

- Avoid trigger foods: Some foods can trigger heartburn symptoms like citrus fruits, tomatoes, fatty foods, chocolate, garlic, onions, spicy foods, mints, alcohol, coffee and sodas. You should keep a food diary to track which foods cause you the most problems and avoid them.
 - Eat smaller, slower and



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earlier: Smaller portions at mealtime and eating slower can help reduce heartburn symptoms. You should also wait at least three hours after eating before lying down or going to bed.

• Lose weight: Having excess weight around the midsection puts pressure on the abdomen, pushing up the stomach and causing acid to back up into the esophagus.

• Quit smoking: Smoking can increase stomach acid and weaken the valve that prevents acid from entering the esophagus.

• Sleep elevated: To help keep the acid down while sleeping, get a wedge-shaped pillow to prop yourself up a few inches. If that's not enough, try elevating the head of your bed six to eight inches by placing blocks under the bedposts or insert a wedge between your mattress and box spring. Wedges are available at drugstores and medical supply stores. Sleeping on the left side may also help keep the acid down.

Treatment Options

If the lifestyle adjustments don't solve the problem, or if antacids (Tums, Rolaids, Maalox, Mylanta or Alka-Seltzer) aren't doing the trick, there are a variety of over the counter (OTC) and prescription medications that can help, including:

• H-2 Blockers: Available as both OTC and prescription strength, these drugs (Pepcid, Tagamet, Axid and Zantac) reduce how much acid your stomach makes but may not be strong enough for serious symptoms.

≸avvy **≶**enior

• Proton-Pump Inhibitors (PPI): If you have frequent and severe heartburn symptoms PPIs are long-acting prescription medications that block acid production and allow time for damaged esophageal tissue to heal. They include Nexium, Prevacid, Prilosec, Zegerid, Protonix, Aciphex and Dexilant. Prevacid, Nexium, Prilosec and Zegerid are also available OTC. But be aware that long-

term use of PPIs can increase your risk for osteoporosis and chronic kidney disease.

If the medications aren't enough, there are also surgical procedures that can tighten or strengthen the lower esophageal sphincter so gastric fluids can't wash back up into the esophagus.

(Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, Okla. 73070, or visit SavvySenior.org.)



Buggy Rides



Thirty-five marriage licenses issued in 1923

Perplexing Predicament of Couple Who Thot (sic) They Wrere Married

January 17, 1923 ~ Thirty-five marriage licenses were issued from the county clerk's office during 1923 and returns from all of them have been received except one, that issued for a couple in Curtis on Oct. 11th.

The law requires the officiating clergyman or justice in a marriage ceremony to make certain entries on the license and return it to the county clerk. Whether the failure to return the license issued to the Curtis couple is due to oversight on the part of some clergyman or official or the couple changed their minds is not known.

Clerk Johnson reports one other case where the parties took plenty of time after getting their license before they had the knot legally tied.

This was a couple from Millen township who it seems thought that when they procured the license that was all there was to it and they proceeded on their way in blissful ignorance until an inquiry from the clerk's office sent them skipping to Justice English's office. Their license was issued July 3, 1923, but it was Jan. 9, 1924, when the justice pronounced them man and wife. The wedding dance, charivari and all the usual jollification attending such occasions took place months ago, but—well, all's well that ends well.

No news from Ralph Heasty

Missing Cashier Met Foul Play, Growing Belief

January 17, 1923 ~ In Heasty started for California Cochran of Pigeon, a close spite of the belief expressed by those close to him that Ralph Heasty had voluntarily left Mikado with the intention of not coming back, there has been no word from him nor clew discovered as to the whereabouts of the missing cashier.

Word has been received from the sister in California that her brother was not there, that she had not seen nor heard anything of him.

Neil McLean, an uncle from Caseville, Mich., has gone to Alpena, where Heasty was last seen alive the night before Christmas, with the declared intention of remaining there until the mystery is solved. McLean does not believe and he says the telegram from the missing man's father at Pigeon was dictated by the brother who worked in the garage at Mikado and did not represent the father's belief. It is further pointed by the

uncle that Heasty did not take his clothes or other personal effects with him, not even any of his luggage, and that he made no disposition of his other property, consisting principally of the Paddy McGraw Garage at Mikado.

Another rumor that Heasty purchased a ticket at Greenbush on December 26, has been investigated by McLean who says that the missing man did not buy a ticket there on that date but one Sam friend of Heasty's may have purchased the ticket. Cochran declares he tried to buy a ticket but that he couldn't get a \$20 bill changed and paid his fare on the train.

Just now but two theories are advanced as to the cause of Heasty's disappearance.

One is that he was killed and robbed in Alpena; the other that he was killed, and his body disposed of by a man who was jealous of his attentions to some woman.

No further progress is reported from Alpena in the proposed search of the river bottom at the point where some men were seen to throw a large package on the night of Heasty's disappearance.

Judge dismisses Schmidt's murder charge

January 20, 1999 ~ By Cheryl Peterson

The murder charge against a downstate man in a 20-year old case has been dismissed due to lack of evidence.

The charge was dismissed by Judge John F. Kowalski last month after the third piece of circumstantial evidence was dismissed.

Gary P. Schmidt, of Warren, Mich, was charged with the death of Cynthia Schmidt, who was his wife at the time of her murder in September of 1979.

Schmidt was charged with open murder last year after Alcona County Prosecuting Attorney Thomas Weichel and Michigan State Police Detective Rick Schultz reviewed the case and determined there was enough circumstantial evidence for a conviction.

During the last several months, Schmidt's defense attorney was successful in suppressing testimony by a former girlfriend because she is recognized as his common law wife under Alabama law where she lived with him from 1983 to 1993. He also had a piece of evidence (the victim's dental bridge) dismissed because it was obtained under what Kowalski determined as a search warrant that did not contain wording for probable cause. Evidence of a piece of the defendant's hair found on the victim's body was also dismissed.

"The case's dismissal is based upon losing those key pieces of evidence," Weichel said. This case has always been a circumstantial case, but a strong one. But, when you pull out three key pieces of evidence, it just falls apart. I can ethically only try a case that has legal, admissible evidence that shows the person committed the crime.

"Every piece of evidence that they filed (for a dismissal) on they were successful in getting dismissed, and that is odd in a criminal case. But, it was a 20- year-old case and you can't work miracles. We don't intend on appealing the judges decision - it would be futile. If and when other evidence becomes available, I can reissue the charge."

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Trivia Test By Fifi Rodriguez



1. MOVIES: What state is the setting for the 1990s movie "Twister"?

2. GEOGRAPHY: Lake Okeechobee is in which U.S. state?

3. U.S. PRESIDENTS: Which president adopted the expression, "Speak softly and carry a big stick"?

4. MUSIC: Actor/singer Jared Leto also is the front man for which rock music band?

5. HISTORY: The U.S. Civil War ended in 1865 when Gen. Robert E. Lee surrendered to Union forces in which Virginia town?

6. SCIENCE: Which element has the symbol Pb?

7. GAMES: What is the destination in the board game Candy Land?

8. TELEVISON: Who was the long-running host of "American Bandstand"?

9. U.S. STATES: What is the capital of Alaska?

10. LITERATURE: Who is the author of the autobiographical work "I Know Why the Caged Bird Sings"?

Answers: 1. Oklahoma.; 2. Florida.; 3. Theodore Roosevelt.; 4. Thirty Seconds to Mars.; 5. Appomattox.; 6. Lead.; 7. Candy Castle.; 8. Dick Clark.; 9. Juneau.; 10. Maya Angelou. (c) 2024 King Features Synd., Inc.

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Moments In Time By The History Channel



- On Jan. 29, 1845, Edgar Allan Poe's poem "The Raven" was published in The Evening Mirror in New York. The eerie work, which earned its author the sum of \$9, was both panned and praised by critics and parodied soon after its publication, but remains one of the most popular poems in literary history.
- On Jan. 30, 1862, the first American ironclad warship, the USS Monitor, was launched into the East River. Construction of the vessel was inspired by talk of the Confederate Navy's building an impenetrable ironclad that could break the Union's blockade of the port city of Hampton Roads, Virginia.

• On Jan. 31, 1747, the first clinic for treatment of venereal diseases opened at London Lock Hospital. Unfortunately, its cure methods were ineffectual, with mercury (and its highly debilitating side effects) being the most common.

• On Feb. 1, 1587, England's Queen Elizabeth I signed the death warrant for her cousin, Mary, Queen of Scots, after Mary was found guilty of being "not only accessory and privy to the conspiracy, but also an imaginer and compass of her majesty's destruction." In her final days, Elizabeth admitted to regret about the order.

• On Feb. 2, 1970, British mathematician, logician and philosopher Bertrand Russell, who is considered the founder of analytic philosophy and won the Nobel Prize in Literature for his idealism- and humanitarianism-themed writings, died at his home in Wales at the age of 97.

• On Feb. 3, 1994, President Bill Clinton lifted the trade embargo that had been in place on the Republic of Vietnam for 19 years, following the capture of Saigon by North Vietnamese troops during the Vietnam War.

• On Feb. 4, 2010, Barack Obama's 57-year-old Kenyan aunt, Zeituni Onyango, appeared at a court in Boston for a second attempt to gain political asylum in the U.S., but the hearing ended without an immediate decision. Ms. Onyango had moved to America in 2000, and her first asylum application was rejected four years later, with an order for her deportation. Her immigration status would become an issue during Obama's election campaign.

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Strange But True By Lucie Winborne

• From 1953 to 1959, the Cincinnati Reds baseball team went by a different moniker, the Cincinnati Redlegs, in response to America's fear of communism during the McCarthy era, when the term "Reds" could be problematic.

 The word "whisky" comes from the Gaelic phrase "uisge beatha," or "water of life."

• According to researchers at Japan's Nagoya University, electric eels can use their shock to transfer genetic material to nearby fish larvae, altering the larva's genes in the process.

• An AI program using merely 10 seconds of human speech has been able to identify whether someone has diabetes with 89% accuracy.

• Workers at an Akron, Ohio, auto wrecking company creatively stopped a potential car thief by using a forklift to raise him, while inside the vehicle, 20 feet into the air until (no doubt amused) police arrived on the scene.

• If you make a visit to Iceland, you might run across a tiny, intricately designed house known as an alfhol. But it wasn't built for a family of dolls. Rather, such structures are created for the "hidden folk" of Icelandic folklore, creatures often invisible to humans but who are believed to lead lives similar to ours.

• Smokers with better math skills are more inclined to quit smoking.

• When Reza Baluchi, a 44-year-old man from Florida, aspired to cross the Atlantic on a visit to London, he didn't take a plane or boat, but a floating contraption much like a giant hamster wheel! Unfortunately, his mode of transportation was deemed "manifestly unsafe" by the Coast Guard off the coast of Georgia's Tybee Island, and after a three-day standoff, Baluchi's mission was aborted.

Thought for the Day: "What you get by achieving your goals is not as important as what you become by achieving your goals." -- Zig Ziglar

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **D** equals **G**

NUK INBJOE EN UYAE NAA ESO
DINCPK. YE'F PNE ESICFE-LNIESH.

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Here's A Tip

By JoAnn Derson

- Here's a fun afternoon of play just waiting to happen: Check with your local grocery store or big box store to see if it has uncrushed cardboard boxes. Get several to create a cardboard city in your living room or child's bedroom. They can be decorated to look like anything, or cut, trimmed and taped into most any shape. Kids even like to stock them with pillows and blankets for a cozy sleepover. When you're done, break them down and recycle until the next adventure. -- J.J. in Florida
 - · Sources who know say

that if you drop a marble (clean glass) in your tea kettle, it will prevent it from scaling.

- Like to use paper towels to dry your clean hands? Set them aside to dry, then you can use them for cleaning with glass cleaner or other solutions.
- Use a shower curtain cut or folded in half under baby's highchair to make cleaning up the floor easier.
- Air-popped popcorn is better for you and healthier. If you have an air popper, you'll also have a jar of popcorn kernels. Keep them in

the refrigerator or even the freezer. You can use them straight from the fridge, and the bonus is that you'll have less unpopped kernels and bigger, fluffier popcorn. --E.M. in Wisconsin

• Stuck at school with a sticky zipper? Just rub it with a pencil lead and zip back and forth a few times. It totally works. -- W.K., a middleschool student, in Georgia

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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Couch Theater

By Demi

"Priscilla" (R) -- Since it is so often the case with Hollywood to tout out similar movies back-to-back while interest is still up, we all knew that a foil to Baz Luhrmann's "Elvis," which tells the story of musical legend Elvis Presley, was surely on its way. And a year later, it came by way of Sofia Coppola and Presley's ex-wife, Priscilla. In this biopic, Cailee Spaeny plays a young Priscilla just as she meets the man who would become one of the most popular singers in the world, and her future husband, this time played by Jacob Elordi. While the film didn't wow at the box office, it received positive reviews from critics for Spaeny and Elordi, with Spaeny snagging a nomination for Best Actress at the Golden Globes. Out now to rent. (Amazon Prime Video)

"Good Grief" (R) -- Dan Levy ("Schitt's Creek") makes his directorial debut in this comedy-drama film out Jan. 5. A true triple threat, Levy stars as the lead character, while also directing and having written the screenplay himself. At the film's start, his character, Marc, is struggling with the unexpected death of his husband, and after spending a year grieving with his best friends, Sophie (Ruth Negga) and Thomas (Himesh Patel), the trio decides to go on a weekend getaway to Paris. This weekend proves to be a rebirth for Marc and his friends, as they all work to unearth the inconveniently intense feelings that they've



Dan Levy makes his directorial debut in "Good Grief." Photo courtesy of Netflix

all been harboring. Luke Evans, Emma Corrin and Kaitlyn Dever make appearances in this very touching and strong debut from Levy. (Netflix)

In Case You Missed It "Official Competition" (R) -

- Multimillionaire businessman Humberto Suarez reaches his 80th birthday and feels that he doesn't have anything long-lasting to show for it. On a whim, he decides to produce a film that can live on past his lifetime, with eccentric director Lola Cuevas (Penelope Cruz) at the forefront. Lola has a strict creative vision for this film, which includes hiring two egotistical lead actors from different sides of the acting spectrum. Method actor Ivan Torres (Oscar Martinez) isn't fond of pomp and glamour, while Hollywood actor Felix Rivero (Antonio Banderas) relishes in everything celebrity and combining the two results in a chaotically hilarious perfor-

mance. Cruz, Banderas and Martinez were the perfect trio for this Spanish black comedy. Out now. (Hulu)

"The Morning Show" (TV-MA) -- This critically acclaimed show starring Jennifer Aniston and Reese Witherspoon is an addicting binge-watch. Aniston plays Alex Levy, co-anchor of "The Morning Show" alongside Mitch Kessler (Steve Carell). When Mitch's sexual misconduct results in his firing from the show, Alex is forced to protect her job and reputation. Meanwhile, West Virginia field reporter Bradley Jackson finds herself like a fish out of water when she lands the position as co-anchor. After its first season, the show expands on topics like racial inequality, the Russian-Ukrainian war and the Capitol riot. All three seasons are out now. (Apple TV+)

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Flashback By Mick Harper

- 1. Which group had a hit with "Rock Around the Clock"?
- 2. Name the '60s group that made a hit out of the 1934 classic "Blue Moon."
- **3.** What did Jerry Weiss, Dick Halligan and Jim Fielder have in common?
- **4.** Who sang lead on "My Girl"?
- 5. Name the song that contains this lyric: "The poet, the physician, the farmer, the scientist, the magician and the other so-called gods of our legends."

Answers: 1. Bill Haley and His Comets, in 1964. It became an anthem for youth of the day, and stayed at the top of the chart for two months.; 2. The Marcels. The group named themselves after a hairstyle that used curling tongs heated over a gas burner, the forerunner of a curling iron.; 3. They were among the eight original members who started Blood, Sweat & Tears in 1967, all of them backup singers who also played instruments.; 4. David Ruffin, with the Temptations.; 5. "Atlantis," by Donovan in 1968. The strange song about the mythological Atlantis had everything going against it, including that it was nearly five minutes long, yet it climbed charts around the globe and was even covered by several others. (c) 2024 King Features Syndicate

THE SAME **MAGIC MAZE** • SINGULAR AND **PLURAL**

Q E B Y B V S Q N K H E K B N YW(HEADQUARTERS)O TROLGJPGEBNYWUI R P N K G D E C I N E G D B T ZXVSAQEIEOWMKFA I G E E G C H L A Y S N A E M WUSCECSBWQNRPNR LJHSIEFUDOCECAO Y X O S V V C P S R N U S Q F P O U N M K D I I J H K F E N MMCBZYBADXVUTRI

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally Unlisted clue hint: BULLWINKLE'S SPECIES

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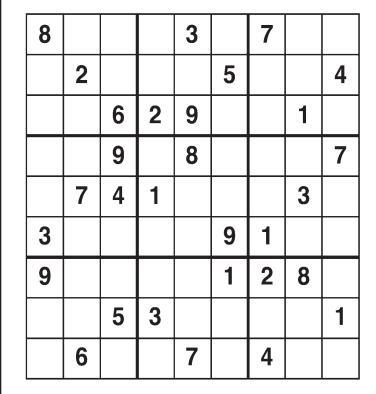
Kennels Knowledge Means Music

News Public Sheep

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Weekly **SUDOKU**

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆◆◆

◆ Moderate ◆◆ Challenging ♦ ♦ ♦ HOO BOY!

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Kovels: Antiques and Collecting By Terry and Kim Kovel

Eye miniatures

Popular fiction inspires fashions in real life. The period shows and royal romances on television today have renewed interest in antiques among their fans.

One piece that has captured attention is the eye miniature on a pendant worn by a character on the television show "Bridgerton," a romance set in Regency England, but with modern influences.

An eye miniature is a close-up of a single eye painted on ivory and set behind glass or crystal in a decorated frame. They were worn as pendants or pins. An eye miniature set in a goldtone frame as a pin sold at Brunk Auctions for \$704.

These miniatures are sometimes known as "lover's eyes," a romantic name coined by a 20th-century antiques dealer. They are said to have originated in the 1870s, when Prince George of Wales (who would later serve as Prince Regent for his father, King George III, giving the Regency period its name) fell in love Maria Fitzherbert. They could not marry because he was Protestant and she was Catholic. To keep their relationship secret, they exchanged miniature paintings of their eyes set in jeweled frames. This meant they could still look into each other's eyes when they were apart, and it was unlikely that anyone



Wearing a miniature painting of a loved one's eye was fashionable in the 18th and 19th centuries. Photo courtesy kovels.com

else could tell whose eyes they were. The prince wore his under his lapel. Eye miniatures became fashionable gifts between lovers. They were also worn as mourning jewelry in remembrance of loved

When were Tinkertoy construction sets first made?

A: Tinkertoys were invented by Charles Pajeau, a stonemason and cemetery monument maker. He developed a construction set of wooden rods and discs. It was first displayed at the American Toy Fair in 1913. Pajeau and Robert Petit, a grain trader at the Chicago Board of Trade, established The Toy Tinkers company in Evanston, Illinois, in 1914. Sets

with an electric motor were first sold in 1919. The name of the company was changed to Toy Tinkers, Inc. in 1924. Later it became Tinkertov, Inc. The company was sold several times beginning in 1952. It became part of Hasbro, Inc. in 1986. Sets with plastic pieces were made beginning in 1992. Wooden sets were reintroduced in 2000. Tinkertoys have also been made by Basic Fun! since 2018.

TIP: Don't let metal jewelry touch chlorine bleach. It may pit or discolor.

Bohemian glass, bud vase, slender cornucopia shape, cranberry, heavy enamel and gold flowers in fan shaped medallions, clear applied decorated foot, 7 $3/4 \times 3 1/4$ inches, \$90.

Lamp, chandelier, nine-light, two tiers, brass fixtures, glass Ice Cube shades with inbubbles, ternal Gaetano Sciolari for Lightolier, 24 x 18 inches, \$315.

Candy container, child on sled, Heubach bisque head and hands, red and white polka dot snowsuit and hat, red scarf with pompoms, wooden sled, $8 \times 7 \frac{1}{2}$ inches,

Toy, Popeye spinning Olive Oyl, Popeye's arms spin, Olive Oyl sits on chair and rotates balancing on Popeye's nose, lithographed tin, key wind, Linemar, 9 inches,

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CLASSIFIEDS

Ads may be brought in to our office at 111 Lake St., Harrisville Cost per ad is \$5 for the first 10 words and 20¢ for each word thereafter. Boxed ads are \$5 per column inch.

Ads and payment must be received by 4 p.m. Monday. All Classified Ads MUST be Paid in Advance

We accept: Cash, Checks, Visa, Mastercard and Discover

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Now hiring full time cook, full time CNA, LPN and R.N. all shifts. Apply in person Jamieson Nursing Home 790 S. US-23, Harrisville MI 48740.

Ordinance Enforcement Officer/ **Zoning Administrator Wanted** Mikado Township is requesting applications for the position of Ordinance Enforcement Officer to enforce Mikado Township Ordinances. Zoning Administrator would issue Land Use Permits and answer questions pertaining to our Zoning Ordinance. Send resume/letter of interest by February 13, 2024, to Mikado Township Clerk, PO Box 60, Mikado, MI 48745. For questions, please call the township clerk at (989) 736-7721.

BINGO

Mikado Goodfellows Bingo every Monday 6:30 p.m. at Mikado Civic Center.. Hot ball, Bingo ball, milk money and winner take all game. All proceeds to charity

ALCONA TOWNSHIP SYNOPSIS

Alcona Township's January 9 board meeting was called to order. Roll call was taken. Present: MacNeill, LaLonde, Gauthier, and Bouchard. Excused Bolanowski. Motions to approve December 2023 minutes; to accept treasurer's report and bills as presented; to approve fire department expenditure for turn out gear; to apply for a Partnership Grant to study the Black River mouth; to adopt the poverty exemption.

The board recognized assessor Sarah Gohl for her perfect score on the 2023 PA 660 Assessment Audit. This synopsis printed prior to board approval. Dawn LaLonde, Clerk

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CALEDONIA TOWNSHIP SYNOPSIS

The Caledonia Township Board held its regular meeting January 10 at 7 p.m. During regular meeting, motion passed to pay bills. Motion passed to approve minutes of December 13, 2023, for regular meeting. Motion approved to have planning commission meet every other month or more as needed. Motion passed for elector meeting February 14 at 6:30 p.m. Motion to approve budget workshop January 24 at 6:30 p.m. and public hearing for recreation plan at 7 p.m. Adjourn at 7:47 p.m. Synopsis is being printed prior to board approval. Cindy Smith

Heterans Host By Freddy Groves

Psychedelics for our military

The \$883.7 billion National Defense Authorizathe brain's method of problem solving. Maybe this tion Act for 2024 makes for some interesting explains why it might be useful in helping veterreading, not only for what it left out, but what it included. What you won't find is the medical cannabis pilot program for veterans promoted by many, but you will find a treatment program using psychedelics for veterans and active duty with traumatic brain injuries and post-traumatic stress

Specifically, it calls for clinical trials with the Department of Defense to create a system wherein they can spend up to \$10 million on psychedelics research. It only gives them 180 days to get started. Covered conditions, besides TBI and PTSD, include depression and insomnia.

Some of the drugs to be used are psychedelic drugs psilocybin (magic mushrooms), MDMA (ecstacy) and 5-MeO-DMT (from toad glands).

There are some reported successes from using psychedelics. The Food and Drug Administration said in 2017 that they'd had positive results using LSD and the magic mushrooms. The amounts given are small and are called "microdoses." A short report with a lengthy list of citations in the Marine Corps Gazette in 2019 describes the use of LSD, mushrooms and more to attempt to gain an edge in efficiency and productivity when it comes to attention to detail, mental processing and reasoning. The report points to the way LSD changes

ans who suffer from PTSD. By creating new ways to think about things?

Yet another study, documented in the Lancet Psychiatry journal, found that the magic mushrooms reduced PTSD symptoms. The trial combined three doses of the mushrooms with psychotherapy. After Phase 2 of the trial, 56% of participants no longer had PTSD when checked 12 months later, after having suffered for many

If you want to learn more, listen to a podcast on the topic that includes a veteran who participated in a psychedelics study nine years ago: news.va.gov/124415/exploring-psychedelicstreatment-of-veterans.

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Weekly SUDOKU ___

Answer

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Classified Ad Deadline is Monday at 4 p.m. Call 724-6384

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Township Clerk

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