

Alcona High School seniors Nicholas Garner and Alleigh Sexton are the WinterFest king and queen. Garner is the son of Delia Schott of Harrisville. Sexton is the daughter of Jeff and Kelly Sexton of Black River. *Photo by Cheryl Peterson.*

Alcona Tiger to play football for Ferris State University

By Cheryl Peterson
Editor

Hard work and dedication have paid off for one Alcona High School senior who has earned a full athletic scholarship to Ferris State University.

Brock LaVergne, 17, has signed with Ferris after considering several universities that were trying to recruit the six foot six inch, 230 pound athlete.

LaVergne, the son of Ed and Renee LaVergne of Lincoln, has been signed to the Ferris State University football team and will probably be red shirted for his freshman year.

"I look forward to wearing the crimson red," LaVergne said last week after officially signing with Ferris. "Let's play some football."

LaVergne, who played tight end and defensive end for the Alcona Tigers last season, began playing football for the Tigers as a freshman on the junior varsity team. He was moved to the varsity team as a sophomore and has since racked up a long list of honors including: First Team All-Conference Defensive Line 2010 and 2011; First Team All-State Division 7 Defensive Lineman 2010; First Team All-Conference Kicker

2010 and 2011; First Team All-Conference Offensive Line 2011; Most Valuable Player - Team Award 2011; Bay City Times/Coca Cola Golden Helmet Award - Third Week 2011; Bay City Times Dream Team Capsule 2011; All-Alpena News Football Team 2011; Associated Press All-State Division 5-6 Special Mention 2011; Detroit News First Team Offensive Lineman 2011 and Detroit Free Press - All-State Division 7 Defensive Lineman 2011.

Alcona High School Varsity Football Coach Dave Schneider explained that

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Brock LaVergne (seated) signs to play football with Ferris State University as his grandfather Fred LaVergne; mother, Renee LaVergne; and father, Ed LaVergne watch. He is also a member of the varsity boys basketball team and has also been on the varsity golf team and the varsity track team. *Photo by Cheryl Peterson.*

Harrisville resident gets prison sentence for home invasion

By Cheryl Peterson
Editor

The woman charged with stealing cash, jewelry and prescription medications from a Harrisville residence, and caught in the act last October, pleaded guilty and was sentenced Tuesday.

Sheri Lynn Schleben, 46, of Harrisville was sentenced to "not less than three years nor more than 20 years with the Michigan Department of Corrections" by the Honorable Ronald Bergeron in 23rd Circuit Court. In addition to her prison term, she must also pay \$2,034 in fines and court costs and \$1,300 in restitution.

Schleben pleaded guilty to home invasion, first degree and possession of a controlled substance - less than 25

grams prior to sentencing. Two counts - home invasion, second degree and possession of a controlled substance - less than 25 grams - were dismissed per the plea agreement. She received credit for 122 days served in jail.

The victims of the home invasion did not attend the sentencing, however, Alcona County Prosecutor Thomas Weichel told the court they were badly shaken by the incident.

Schleben was arrested October 9, 2011 after being discovered by the homeowners, who had been out for the evening. After they returned home they found Schleben trying to sneak out of their house with a grocery bag containing cash, jewelry and silverware.

Subsequent investigation by the Alcona County Sheriff's Department found Schleben had also taken cash and prescription medications from the victims and additional items from a second victim.

Schleben's actions have also affected local individuals involved in substance abuse treatment through Alcoholics Anonymous (AA), according to Weichel. "She was an AA leader in this community," he said. "There were a number of individuals she was working with that looked to her as a leader...there was a long term where this defen-

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Wellness series offers nutritional advice

By Mary Weber
Staff Writer

If the resolutions made back in January to achieve better health this year are waning, free help is available to get back on track.

Nutrition, one of the many key instruments to achieving better health, is a subject Beth Noffze knows well. Noffze is a family nutrition program associate from the Michigan State University Extension office that serves both Alcona and Alpena counties. She has been educating people about nutrition with the MSU Extension for 11 years.

For the past four weeks Noffze has been holding a series of free classes, "A Journey to Wellness" which discusses a variety of healthy nutritional ideas.

The class held last Thurs-

day went into detail about the health benefits of eating whole grains which may reduce the risk of heart disease. Whole grains contain fiber which will reduce constipation and also help with weight management. Diets with whole grains may help reduce the chances of developing type 2 diabetes.

"A great website to get healthy nutritional ideas is www.choosemyplate.gov" said Naffze, "The site explains many things including how your plate should be divided into sections, protein, grains, vegetables and fruit."

"Many foods boasting they are healthy grain foods may actually be milled which removes much of the benefits of whole grains. Read the label" Noffze said. "Choose foods with whole grain ingre-

dients listed first on the ingredient list. Color is not an indicator of whole grain; bread can be brown because molasses and other ingredients have been added, not whole grains."

A discussion was held on how to add more whole grains to diets without reducing taste. To prove her point, Noffze passed around a delicious "MMMM Good Fruit Pizza" made with an oatmeal crust.

Useful kitchen items such as measuring cups, spoons and a variety of other items were also passed out free to the group along with handouts that included advice and some healthy grain recipes.

The "Journey to Wellness" series will continue for six more weeks and will cover

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Obituaries

Alfred Mikazes

Alfred "Mike" Mikazes, 86, of Mikado, died on Wednesday, Feb. 1, 2012 at home.

He was born September 13, 1925 to John and Tillie (Morkvich) Mikazes in Fitchburg, Maine, where he was raised.

He served in the U.S. Navy during World War II including the battle for Iwo Jima. He later joined the U.S. Air Force, retiring at the conclusion of his tour in Vietnam.

On June 21, 1962 he married Una Merkel. They have been longtime residents of Mikado.

After 20 years in the U.S. Navy and U.S. Air Force, Mr. Mikazes was employed for 20 years by the D & M Railroad where he worked as a relief agent.

He was a member of the Mikado Goodfellows and active in its reorganization and was a charter member of the Mikado American Legion Post No. 254.

Mr. Mikazes is survived by his wife, Una; one son, Joel (Dawn) Mikazes of Harrisville; and two grandchildren, Hannah and Antavius Mikazes.

He was preceded in death



by three brothers; and three sisters.

Visitation will be held Saturday, Feb. 11 from 10 a.m. until the Mass at 11 a.m. at St. Raphael Catholic Church in Mikado. The Rev. Lawrence Boks will officiate. His ashes will be interred at St. Raphael Cemetery.

Everyone is invited to a meal which will be served at the Mikado Civic Center following the Mass. Memorials may be made to Mikado Goodfellows.

Cremation arrangements were made through Gillies Funeral Home, Lincoln.

James E. Barkley

James E. Barkley, 62, of Harrisville died January 31, 2012 at his home.

He was born February 19, 1949 to Robert and Kathleen (Sloff) in Detroit, Mich. He was raised in Taylor, Mich.

He served in the U.S. Marine Corps during the Vietnam War.

Mr. Barkley was a resident of Taylor, Mich. moving to Harrisville in 1980. A longtime truck driver, he was employed by the Arlington Concrete Company for 20 years.

He was an avid bowler and enjoyed snowmobiling and golf.

Mr. Barkley is survived by one son, Dan Barkley of Dearborn Heights, Mich.; one daughter, Melissa Somers of Harrisville; two grandchildren, Taylor Sobeck and Chloe Buntun and one brother, Robert Barkley of Harrisville.

He was preceded in death by one son, James, in 2009; and his companion, Joan (Tait) Somers, on January 26, 2011.

Visitation will be at noon, followed by a memorial service at 1 p.m. on Saturday, Feb. 11 at Gillies Funeral Home, Lincoln. Ashes will be interred in Mikado Cemetery.

Cremation arrangements were made through Gillies Funeral Home, Lincoln.

Daniel R. Hurley

Daniel Russell Hurley, 64, of Greenbush died on Friday, Feb. 3, 2012 at St. Mary's Hospital in Saginaw, Mich.

He was born February 23, 1947 in Flint, Mich. to Russell and Marie (Ozanich) Hurley.

On August 6, 1966 he married Diana Lynn Amon in Corunna, Mich.

He served in the U.S. Army during the Vietnam era. He was a welder, a master mechanic and was a fan of Nascar racing.

Mr. Hurley is survived by his wife, Diana, of Greenbush; four sons, Todd Hurley of Greenbush, Joseph (Tracy) Hurley of Burton, Mich., Danny (Julie) Hurley Jr. of National City, Mich. and Marcus (Stacy) Hurley of Davison, Mich.; one daughter, Tabitha (David) Hosler of Palm Coast, Fla.; 16 grandchildren; three great-grand-



children; and two brothers, David Hurley and Arthur Hurley, both of Flint, Mich.

Cremation has taken place. Arrangements were handled by Temrowski Funeral Home in Fenton, Mich. A private memorial will be held at a later date.

Letters to the Editor

To the Editor,
The medical marijuana program is here folks. Deal with it.

Marijuana has medical uses. No one can argue that point. From chronic pain and hand fulls of pills to a couple of cookies per day to control pain. Living with epilepsy sucks but being able to use medical marijuana makes it suck a lot less.

Folks dealing with the effects of cancer find comfort with this plant. Some have even beaten some types of cancers with marijuana instead of pharmaceuticals.

Even though many get relief from marijuana, others still have issues with it. My point is if marijuana helps people how can anybody be against that?

If your loved one was told they had a disease/condition and marijuana could help them would you be against it then? I think not.

Marty Starliper
Greenbush

Cat Nips from the Alcona Humane Society

"Tom Cat" replaced "Ram" or "Boar" for the name of male cats after a popular book of 1760 with a male cat character named Tom was written. The book was titled "The Life and Adventures of a Cat,"

by an anonymous author.

freakibble.com

Do you have news we can use?
Call the Review 724-6384

NOTICE

Hawes Township Planning Commission will hold a regular meeting at the South Shore Fire Hall, south end of Hubbard Lake on Mt. Maria Rd, Hawes Township, at 7 p.m., Wednesday, February 22, 2012. The public is welcome.
Chairman Richard VanDam

Alcona County Review

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dant appeared to be sober and looked to be clean - but now we know that wasn't the case...her actions had a ripple effect through the AA community."

"This is a prime example of the dangerous effects of addiction," said Schleben's defense attorney Daniel Moyer. "Miss Schleben is mortified that she has stumbled - again

- and realizes that she let people down. She is very sorry. She recognizes what she did is wrong and she pleaded out because of that."

Schleben told the court that she would like to apologize to the victims of the home invasion, but they were not in court. "As far as the AA community - yes, I let people down. But there are mem-

bers from AA here and who support me...I am an alcoholic and a drug addict...I'm four months clean today...I am the kind of person who takes care of others and don't take care of myself. So, now I am going to be able to concentrate on taking care of myself," Schleben said.

Harrisville Climatological Observations for 2000/2010

Date	Weekly Report		Precipitation Inches	Miles Per Hour		
	Temperature (F°)			Av. Wind Speed	High Speed	Dominant Direction
	High	Low				
Jan. 29	33	21	0.00	1.6	17	WSW
Jan. 30	30	14	0.08	5.9	29	SSW
Jan. 31	44	25	0.00	1.4	18	SW
Feb. 1	41	29	0.00	0.7	17	N
Feb. 2	34	31	0.00	0.4	12	N
Feb. 3	39	27	0.00	0.0	8	NNE
Feb. 4	37	25	0.00	1.6	12	S

Precipitation Summary (Inches) 2011-2012

	Water	Snow	Normal
	Content	Fall	Water Content
Weekly Total	0.08	2.3	0.35
Month of January	0.99	13.6	1.76
February to Date	0.0	0.0	0.20
Year/Season to Date	0.99	16.3	1.96

Climatological Observations taken by Stanley L. Darmofal at the Harrisville National Weather Service Coop Station located 1.8 miles NNE of Harrisville Post Office. Observations for each day are from midnight through 11:59 p.m. T=Trace (less than 0.005" Water Content.)

Calendar of Events

(Editor's Note: Entries for Calendar are always welcome. They will be published in chronological order as space allows. Entries should be turned in at least two weeks prior to the date of the event. Events sponsored by businesses or individuals to make a profit or governmental units for meeting notification are not eligible for this free public service. Sorry, "bingo," "garage sales" or "raffle ticket sales" information is also not eligible.)

WEDNESDAY, FEBRUARY 8

The Huron Shores Chamber of Commerce will meet at 6 p.m. at the Harrisville branch of the Alcona County Library.

Digital download to your Kindle instruction from 9:15 to 10 a.m. at the Harrisville branch of the Alcona County Library. Call, (989) 724-6796 to reserve a space.

Barton City Improvement Association will meet at 7 p.m. at the VFW Hall located on Trask Lake Rd. All citizens are invited to attend.

Two computers available for seniors over 60 from 9 a.m. to 5 p.m. at the Lincoln Senior Center. Call (989) 736-8879 for more information.

Sewing with Jennie Anderson from 2 to 4 p.m. at the Lincoln Senior Center. Call (989) 736-8879 for more information.

Music with Roseanne Armstrong at 4 p.m. at the Greenbush Township Hall, 3029 Campbell Rd. Call (989) 736-8879 for more information.

THURSDAY, FEBRUARY 9

TOPS MI 1502 Mikado meets at St. Raphael Catholic Church, 2531 F-30, Mikado. Weigh-in starts at 9:15 a.m., meeting begins at 9:30 a.m. All are welcome. Handicap accessible. First meeting is free. Call, (989) 739-4483 or (989) 278-9674 for more information.

MSU Extension is providing a journey to wellness, a series of free classes once a week with instructor Beth Noffze, from 1:15 to 2:15 p.m. at District Health Department No. 2, 311 Lake St., Harrisville. This week's class is "Shopping and Menu Planning". For more information, call Alpena MSU Ext. (989) 354-9879 or Alcona MSU Ext. (989) 724-6478.

Community walking club for everyone meets at the Harrisville branch of the Alcona County Library at 8:30 a.m.

Friends of the Library will hold a book sale from 9:30 a.m. to 5 p.m. at the Harrisville branch of the Alcona County Library.

Two computers available for seniors over 60 from 9 a.m. to 5 p.m. at the Lincoln Senior Center. Call (989) 736-8879 for more information.

Come inside where it's warm and walk in the upstairs hall at the Lincoln Senior Center from 9 a.m. to 2:30 p.m. No charge. Call (989) 736-8879 for more information.

AARP income tax preparation from 10 a.m. to 4 p.m. at the Lincoln Senior. Call (989) 736-8879 for an appointment.

Bible study at 3 p.m. at St. Andrew's Episcopal Church, 745 N. US-23, Harrisville (corner of US-23 and Medor Rd.). For more information, call (989) 335-4054.

FRIDAY, FEBRUARY 10

Storytime and craft for children from 10:15 to 11 a.m. at the Harrisville branch of the Alcona County Library. For more information, call (989) 724-6796.

Friends of the Library will hold a book sale from 9:30 a.m. to 5 p.m. at the Harrisville branch of the Alcona County Library.

Two computers available for seniors over 60 from 9 a.m. to 5 p.m. at the Lincoln Senior Center. Call (989) 736-8879 for more information.

Come inside where it's warm and walk in the upstairs hall at the Lincoln Senior Center from 9 a.m. to 2:30 p.m. No charge. Call (989) 736-8879 for more information.

Video exercising at 1 p.m. at the Lincoln Senior Center. Call, (989) 736-8879 for more information.

Popcorn and a movie at 2:30 p.m. at the Lincoln Senior Center. For more information, call (989) 736-8879.

Rep. Peter Pettalia will hold office hours from 9 to 10:30 a.m. at Yesterday's Village Restaurant, 118 Second St., Lincoln. An appointment is not necessary but a sign-in sheet will be available so Rep. Pettalia can meet with people individually on a first-come, first-served basis.

SATURDAY, FEBRUARY 11

Recycle Alcona County will hold drop off day from 10 a.m. to 1 p.m. at the Lincoln ARA site. Enter and exit through the north gate. For more information, call (989) 724-6546.

Dragonfly Art Gallery, 116 W. Main St., Harrisville will hold a reception for artist of the month, Gary McKinney from 4 to 7 p.m. Light refreshments will be served. The public is welcome.

My Brother's Hope will be open from 10 a.m. to noon at the Harrisville United Methodist Church. Lunch will be served.

SUNDAY, FEBRUARY 12

Sweetheart Dinner fundraiser for the Curtis Area Emergency Relief Fund will be held from 11 a.m. to 2 p.m. at the Curtis Township

Hall, 4932 F-30, Glennie. Dinner is by donation.

Friends of the Library will hold a book sale from 10 a.m. to 2:30 p.m. at the Harrisville branch of the Alcona County Library.

The Barton City Eagles Aerie 4141, 671 Sanborn Rd., will be having an all-you-can-eat breakfast buffet from 9 a.m. until noon. Adults \$7, ages six to 12 \$3, under six free.

MONDAY, FEBRUARY 13

There will be a free Zumba class for everyone at 5:30 p.m. instructed by Jan Klein at the Harrisville branch of the Alcona County Library. No registration required, call (989) 724-6796 for more information.

Two computers available for seniors over 60 from 9 a.m. to 5 p.m. at the Lincoln Senior Center. Call (989) 736-8879 for more information.

Come inside where it's warm and walk in the upstairs hall at the Lincoln Senior Center from 9 a.m. to 2:30 p.m. No charge. Call (989) 736-8879 for more information.

TUESDAY, FEBRUARY 14

Young adults are invited to the Mikado branch of the Alcona County Library from 4 to 5 p.m. for craft activity and yummy snacks. This is a free program for youth ages 10 to 18. For more information, call (989) 736-8389.

Two computers available for seniors over 60 from 9 a.m. to 5 p.m. at the Lincoln Senior Center. Call (989) 736-8879 for more information.

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THANK YOU

The Curran March of Dimes would like to thank the following businesses for their donation.

Glennie: Neal Sweet's Maple Syrup, Glennie Real Estate, Roger's Food Pride, Chat & Chew, Ace Hardware, Glennie Party Store

Harrisville: Alcona County Review, Flour Garden, White Barn Gardens, Harrisville Lumber, Coming Attractions, Huron Community Bank

Lincoln: Alcona Animal Clinic, Coach Craft Collision, Alcona Tool & Machines, Suez Energy Generation, Alcona Motors, Wilhite Insurance, Byce Real Estate, Cole's Appliance, Gillies Funeral Home, Kris Mart, Phil's Barber Shop, Iron Skillet, Lincoln Outdoor Center, Yesterdays Village Restaurant

Curran: Wolverine Insulation, Welch Land & Lumber, Pattie Palmer, Nick & Ivy's Diner, Shirley's Wood & Things, Buck Stop, Black Bear Festival, Sally's Avon, Mitchell Twp. Citizen's Watch.

The Alcona High School Boys Basketball Program would like to thank the following businesses for sponsoring the Most Outstanding Player Competition and supporting Alcona High School Boys Basketball:

- Charter Communications
- Cole's Appliance
- Larry's Parts Haus, Inc.
- Mikey's Lock & Key
- Fick and Sons
- Flour Garden Restaurant
- Kalitta Air
- Ripley Car Wash
- AnJ Statewide, Ron Yokom
- Alpena Power
- Holmes Septic Service
- Northern Precision
- Lincoln Precision
- Viking Marine
- Alpena Alcona Area Credit Union
- David H. Cook, Attorney of Law
- Cater To Critters In Harbortown Marketplace
- ACI
- Baltimore Title Agency
- Mr. Ed's IGA
- Rosa's Lookout Inn
- Crusecom
- Hillman Extrusion
- PCS Outdoors
- Jamieson Farms
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- JKSD Law
- Busy Bee Hardware
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Local Notes

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Love Your Library

Celebrate "Love Your Library" month at any branch of the Alcona County Library during February with special activities for kids and adults. Pick up a brochure, access our website www.alcona.lib.mi.us, or call (989) 724-6796 for a complete listing of programs.

Items Needed

My Brother's Hope is in need of the following items: Children and teenager's winter clothes, personal items (toothbrushes, toothpaste, shampoo, deodorant), paper towels, toilet paper and cleaning products (laundry and dish soap, kitchen and bathroom cleaners). Donations may be taken anytime to the Harrisville branch of the Alcona County Library, or to the Harrisville United Methodist Church on Friday, Feb. 10 from 1 to 3 p.m. All donations are greatly needed and appreciated.

Pruning Tree Seminar

The Alcona Conservation District will host a comprehensive day-long seminar on Saturday, Feb. 25 entitled "Pruning Fruit Trees" and "Protecting My Shade Trees from Emerald Ash Borer and Other Key Pests - It's Never Too Late." Steve Fouch, owner of L&S Tree Health Care Service & Nursery and small fruit expert will be the featured speaker.

The seminar will be held from 10 a.m. - 3:30 p.m. at the Greenbush Township Hall, 3029 Campbell, off US-

23 in Greenbush. The \$30 registration fee includes the seminar, refreshments, lunch and seminar materials. Registration deadline is February 16. Call (989) 724-8229 to register or for more information.

Zumba

Instructor Jan Klein will lead a Zumba dance exercise class for adults and teenagers on Monday, Feb. 13 at 5:30 p.m. at the Harrisville branch of the Alcona County Library. Wear comfortable clothing and appropriate footwear. Call (989) 724-6796 for more information.

Basketball Tournament

The Alcona Athletic Association 3 on 3 basketball tournament will be held Saturday, March 17 at Alcona High School. Entry fee is \$50 per team if prepaid or \$60 per team the day of the tournament. Registration for boys and girls age 10 and under and 11-12 from 7:45 to 8:15 a.m., games start at 9 a.m. Registration for males and females age 13-18 from 12:30 to 1 p.m., games start at 1:30 p.m. Food concessions will be available the day of the tournament. For more information, call Ed LaVergne (989) 736-7204 or (989) 335-0635. Deadline for pre-registration is March 11.

Teen Craft

Youth ages 10 to 18 are invited to the Mikado branch of the Alcona County Library on Tuesday, Feb. 14 at 4 p.m. to create "Hot Crayon Abstract Art." All art supplies and delicious snacks are included, sample on display at the Mikado branch; call to register (989) 736-8389.

New Office Hours

District Health Department No. 2 has new office hours for residents of Alcona, Iosco, Ogemaw and Oscoda counties. As of Monday, Feb. 6 hours for all four county offices will be from 8 a.m. to 5:15 p.m. with offices closed on Fridays. The main office in West Branch, Mich. will be open during the lunch hour, while branch offices in Mio, Harrisville, and Tawas will be closed from noon to 12:30 p.m. for lunch. Clinical services will extend further into

the evening in order to better serve residents. For information on public health programs and services, visit the website at www.dhd2.org.

Cooking with John

Interested adults are invited to Cooking with John on Thursday, Feb. 16 from 11:30 a.m. - 1 p.m. at the Harrisville branch of the Alcona County Library. Chef John Webster Jr. from Tait's Bill of Fare is back, this time with a hearty soup, bread and dessert, made especially for Love Your Library month. Cost is \$5 per person, includes light lunch and recipes. Must register and pay fee by Monday, Feb. 13. Call (989) 724-6796.

Senior Menu

The following meals will be served at various times during the week at senior centers in Glennie, Greenbush and Lincoln. Anyone planning to attend a meal is asked to reserve a place by calling (989) 736-8879 or (989) 735-5191 by 10 a.m. Monday through Friday.

- Monday, Feb. 13—Pork chop bake, mixed vegetables, 3C salad and pears.

- Tuesday, Feb. 14—Roast beef, scalloped potatoes, buttered baby carrots, tossed salad, cake and ice cream.

- Wednesday, Feb. 15—Smothered chicken, wild rice, broccoli, raspberry applesauce salad and fruit.

- Thursday, Feb. 16—Cabbage rolls, red parsley potatoes, wax beans, pineapple cheddar salad and fruit.

- Friday, Feb. 17—Salisbury steak, mashed potatoes with gravy, mixed vegetables, tossed salad and fruit.

(Friday meals served in Lincoln only.)

State Rep. Holds Hours

Residents will have a chance to talk about state government concerns or problems and share a cup of coffee with state Rep. Peter Pettalia (R) Presque Isle, during office hours scheduled in Lincoln on Feb. 10. Pettalia will be at Yesterday's Village Restaurant, 118 Second Street in Lincoln, from 9 to 10:30 a.m.

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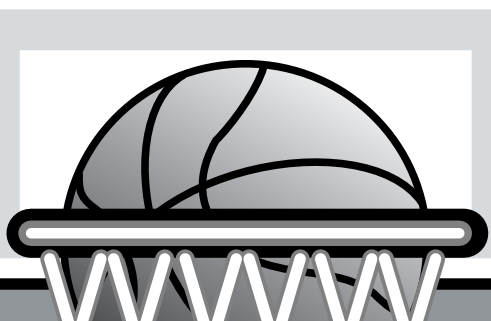
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Football Continued from page 1



Brock LaVergne with Alcona High School varsity football coach Dave Schneider (left) and assistant coach Terry Franklin. Photo by Cheryl Peterson.

LaVergne's red shirt status for the Bulldogs means he will practice and train as a member of the team, but most likely won't play during his freshman year. This will give him a five year eligibility to play on the team. "Most kids who go into college football are red shirted as freshmen," Schneider said.

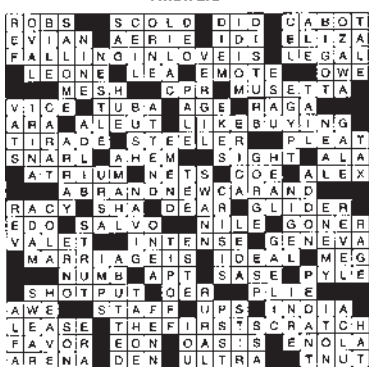
"This is important for Brock and it's important to younger kids here watching this happen," Schneider said. "We preach to young kids 'what you do is important - now and in the future.' Kids have been able to watch an athlete at this level advance to the college level. This experience is tremendously important to this program.

"Brock is a good example to the kids coming up. He is an incredibly hard worker. He doesn't shy away from tough things. He has good hands, good feet and is football strong. This is a big thing for him and it's a great day for Ferris. He's a great kid and has all of the physical tools - 10 sacks in the season, 27 tackles for loss. He can run 40 yards in 4.7 seconds and has a 32 inch vertical jump," Schneider said.

"This is a big day for Brock," said Terry Franklin, assistant varsity football coach. "He put a lot of hard work in and it's paid off. His speed is fantastic. It will be fun to watch him grow stronger and get faster. He's a great representative for Alcona High School."

"I'd like to thank Coach Schneider, Terry Franklin - the strength and speed coach and the rest of the coaches too," LaVergne said. "My parents have been very supportive taking me to practices over the years and everything. I'm really appreciative."

Super Crossword Answers



Calendar of Events

Continued from page 3

Come inside where it's warm and walk in the upstairs hall at the Lincoln Senior Center from 9 a.m. to 2:30 p.m. No charge. Call (989) 736-8879 for more information.

Music with Roseanne Armstrong at the Lincoln Senior Center. Call (989) 736-8879 for more information.

Photography club meets at 2:15 p.m. at the Lincoln Senior Center. Call Sue at (989) 736-8879 for more information.

WEDNESDAY, FEBRUARY 15

There will be a Red Cross Blood Drive from noon to 6 p.m. at the Lincoln Senior Center, 207 S. Church St. For more information, call (800) 733-2767.

Two computers available for seniors over 60 from 9 a.m. to 5 p.m. at the Lincoln Senior Center. Call (989) 736-8879 for more information.

Foot clinic with Connie Cosbett R.N. from 10 a.m. to 4:30 p.m. at the Lincoln Senior Center. Cost is \$25, appointment required, call (989) 736-8879.

Blood pressure and blood sugar readings at 4 p.m. at the Lincoln Senior Center. For more information, call (989) 736-8879.

(989) 736-8879.

THURSDAY, FEBRUARY 16

TOPS MI 1502 Mikado meets at St. Raphael Catholic Church, 2531 F-30, Mikado. Weigh-in starts at 9:15 a.m., meeting begins at 9:30 a.m. All are welcome. Handicap accessible. First meeting is free. Call, (989) 739-4483 or (989) 278-9674 for more information.

MSU Extension is providing a journey to wellness, a series of free classes once a week with instructor Beth Noffze, from 1:15 to 2:15 p.m. at District Health Department No. 2, 311 Lake St., Harrisville. This week's class is "Eating Light and Modifying Recipes". For more information, call Alpena MSU Ext. (989) 354-9879 or Alcona MSU Ext. (989) 724-6478.

Community walking club for everyone meets at the Harrisville branch of the Alcona County Library at 8:30 a.m.

Two computers available for seniors over 60 from 9 a.m. to 5 p.m. at the Lincoln Senior Center. Call (989) 736-8879 for more information.

Come inside where it's warm and walk in the upstairs hall at the Lincoln Senior Center from 9 a.m. to 2:30 p.m. No charge. Call (989) 736-8879 for more information.

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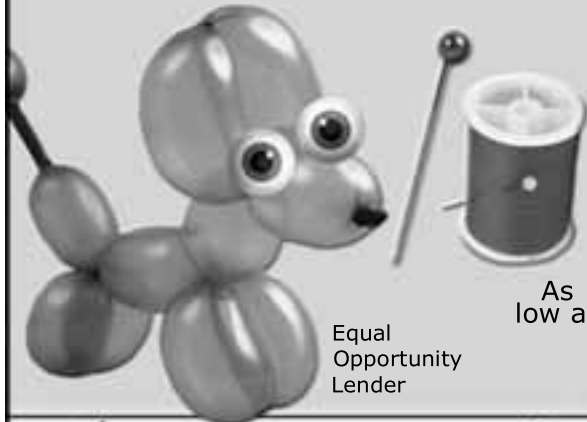
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SENIOR LIFESTYLES

How to help prevent elder abuse

Dear Savvy Senior,
Can you write a column on the shameful crime of elder abuse? I've worked for Adult Protective Services for many years, and it seems like this ongoing problem doesn't get enough attention.

Concerned Citizen

Dear Concerned,
I certainly can! Elder abuse is an immense and often hidden problem that all Americans need to be aware of so they can recognize it, and know what to do if they suspect a problem.

According to the National Center on Elder Abuse, around 3.5 million seniors are victims of abuse, but research suggests that this crime is significantly under-reported and under-identified. Fewer than one-in-six cases of elder abuse ever get reported to the authorities because the victims are usually too afraid, too embarrassed, too helpless or too trusting to call for help.

The term "elder abuse" is

defined as intentional or negligent acts by a caregiver or trusted individual that causes, or can cause, harm to a vulnerable senior. Elder abuse also comes in many different forms: Physical abuse, emotional or psychological abuse, sexual abuse, abandonment, neglect and self-neglect and financial exploitation which has increased significantly over the past few years because of the sour economy.

Those most vulnerable are seniors that are ill, frail, disabled, socially isolated or mentally impaired due to dementia or Alzheimer's disease.

It's also important to know that while elder abuse does happen in nursing homes and other long-term care facilities, the vast majority of incidents take place at home where the senior lives. And tragically, the abusers are most often their own family members (usually the victim's adult child or spouse) or caregiver.

So how can you tell if a friend or your loved one is being abused, and what can you do to help?

A change in general behavior is a universal warning sign that a problem exists. If your elder friend or loved one becomes withdrawn or gets upset or agitated easily, you need to start asking questions. Here are some additional warning signs on the different types of elder abuse that can help you spot a possible problem.

- Physical or sexual abuse: Suspicious bruises or other injuries that can't be explained. Sudden changes in behavior (upset, withdrawn, fearful). Broken eyeglasses. Caregiver's refusal to allow visitors to see an elder alone.

- Emotional or psychological abuse (insults, intimidation, threats, social isolation): The elder is extremely upset, agitated, withdrawn, unresponsive, fearful or depressed, or demonstrates some other unusual behavior.

- Neglect or self-neglect: Malnourishment, weight loss, unattended medical needs, poor hygiene, unsanitary and unsafe living conditions.

- Financial exploitation: Missing money or valuables. Unexplained withdrawals from bank accounts, or transfers between accounts. Unauthorized use of credit, debit or ATM card. Unpaid bills despite available funds. Checks written as a loan or gift. Abrupt changes in a will or other documents.

The best ways to help prevent elder abuse is to be in touch, and keep the lines of communication open. If you suspect any type of elder abuse or neglect, report it to your local protective services agency.

Adult Protective Services is the government agency responsible for investigating cases and providing help and guidance. Call the Eldercare Locator at (800) 677-1116 or visit the National Center on Elder Abuse website

Savvy Senior

(ncea.aoa.gov) to get the agency contact number in your area.

If however, you feel the person is in immediate danger, call 911 or the local police for immediate help.

(Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org.)

Check out the Alcona Review Web Site

www.alconareview.com
For events, local info & much more!



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Tigers have five game winning streak

By Ron Yokom
Basketball Writer

After playing only one game in two weeks, the Alcona varsity boys basketball team had three contests last week. They won all three and now have a 10-2 record.

The Tigers' biggest improvement has been at the defensive end of the court. At times their press creates opportunities for easy baskets.

The Tigers began the week with a convincing victory over Mio -- which came into the contest with only two losses. They put 10 points on the board before Mio could score and finished the quarter leading 16-4. Bryan Layton had the hot hand, scoring eight points. Mio came alive in the second quarter but outscored Alcona by only one point, 12-11. The Tigers led 27-16 at halftime. Their press caused Mio all kinds of trouble.

Alcona continued to put defensive pressure on the Thunderbolts, holding them to nine points and increasing their lead to 39-25 heading into the final period.

Five players scored in the fourth quarter and led to the final score of 54-37 in the Tigers' favor. Jared Steiner led the Tigers with 14 points. Layton and Brock LaVergne added 12 points each. Brandon Gibson had a good night with eight points. Nick Garner scored four points and pulled down six rebounds while Aaron Ritchie and Trent LaVergne scored two points each. This was Trent's first game on the varsity after being called up from the JV team.

On Tuesday, Jan. 31 Alcona traveled to Fairview to challenge the Eagles. In one of the hottest shooting nights in recent history they defeated Fairview 64-51 by shooting 67 percent from the field. The first quarter gave an indication of how the night was going to play out. The Tigers led 24-18 and shots were falling for both teams. Steiner had 10 points, Layton eight and B. LaVergne had six.

The first quarter was fast paced and the second quarter was more of the same. Alcona outscored Fairview 18-15 to lead 42-33 at halftime. Steiner and Layton continued their hot shooting with seven points apiece. The Tigers kept going in the third quarter. They scored the first 12 points to lead 54-33. The Eagles did not score until the 2:40 mark as the Tigers increased their defensive intensity. The score was 54-38 heading into the final period.

With Alcona's starters watching Fairview could not get any closer than 11 points and finally lost by 13. Steiner had a stellar game with 21 points, six assists and four steals. Layton also hit for 21 points while B. LaVergne added 12.

The Oscoda Owls came to town on Friday night -- homecoming for Alcona. The Owls went home with hardly a whimper as Alcona easily won 62-32.

Again the Tigers' defense

was smothering and did not allow Oscoda very many open looks. They jumped out to a 17-5 lead after one quarter. Five players contributed to the score.

With their defense limiting Oscoda to six points the Tigers offense got scoring from seven different players and increased their lead to 36-12 at halftime. Layton hit the first two shots of the second half and Alcona had a 40-12 lead. By the end of the third quarter the Tigers' lead was 30 points.

Even with the bench playing most of the final period the Tigers held their own and preserved the 30 lead to win 62-32.

"The first half we played very well defensively. Our defense is getting better. That will be important as we get to the state tournament," said coach Seth Coffing.

Layton led Alcona with 15 points and five rebounds. Steiner added 13 points and dished out five assists. B. LaVergne added nine and eight rebounds, Andy Cammack scored eight points and grabbed five rebounds while Gibson, Garner and T. LaVergne added four points each.

The junior varsity had difficulty against Mio, losing 48-42. They were without two starters -- T. LaVergne up to the varsity and Dawson Forsythe with a broken finger. Dustin Yokom led Alcona with 10 points. They rebounded in the next two games to defeat Fairview 67-13 and Oscoda 41-24. Their record is the same as the varsity, 10-2.

Pool League

Alcona Women's
February 2

Mikado Legion	120
Mikado Tavern	94
Back Alley	86
Glennie Tavern	76
Oasis	74

Local Notes

Continued from page 4

An appointment with the lawmaker is not necessary, but a sign-in sheet will be available so he can meet with people individually on a first-come, first served basis. Depending on attendance, residents with issues requiring more than five minutes discussion may be asked to schedule for a longer appointment or a telephone call at a later time.

People unable to attend office hours are encouraged to contact Pettalia by addressing letters to the State Capitol, Lansing, MI 48909-7514; calling his toll-free Lansing office number at (877) 737-4106; by fax, (517) 373-8446; by e-mail, peterpettalia@house.mi.gov; or through his website at RepPeter-

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The Review is looking for photographs that depict what summer in Alcona County is all about.

We are looking for good quality, eye-catching, color photos that represent the best Alcona County has to offer in the way of summertime fun and/or scenic beauty. Some examples: Waterskiing on Hubbard Lake, canoeing on the Pine River, a bonfire at dusk, deer walking the shoreline at sunrise, etc.


All photos submitted will be posted on the Review's Web site: alconareview.com. People can vote to select the "People's Choice" winner. The People's Choice winner will receive \$50.

One of the photographs entered will be selected for the cover of the 2012 Alcona County Visitor's Guide.

See our Web site: www.alconareview.com for contest rules



2008 Alcona County Visitor's Guide



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REMEMBER Your Sweetheart February 14th



Senior representatives on the 2012 WinterFest court are (front row, from left) Lexie Cook, Alleigh Sexton, Kayla Rasmussen, Lindsay Morang, Samantha Scott, (back row) William Bates, Nick Garner, Bryan Layton, Jared Hiles and Chris Dubay. *Photos by Cheryl Peterson.*

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Underclassmen representatives for WinterFest 2012 are (from left) freshmen Kalie Zerbst and Brandon Ritchie; sophomores Erin O'Leary and Dawson Forsythe; and juniors Karaline Sager and Andrew Commack.

PUBLIC ACCURACY TEST NOTICE

NOTICE IS HEREBY GIVEN that Public Accuracy Tests for the February 28, 2012 Presidential Primary Election has been scheduled for the voting precincts on the following dates:

Townships	Date & Time	Location
Alcona	Feb. 16, 2012 at 6:30 p.m.	Twp. Hall, 5576 N. US-23, Black River
Caledonia	Feb. 20, 2012 at 10 a.m.	Twp. Hall, Gillard Rd., Spruce
Curtis	Feb. 20, 2012 at 6 p.m.	Twp. Hall, 4932 F-30, Glennie
Greenbush	Feb. 17, 2012 at 10:30 a.m.	Twp. Hall, 3029 Campbell Rd., Greenbush
Gustin	Feb. 20, 2012 at 6:00 p.m.	Twp. Hall, 113 S. 2 nd St., Lincoln
Harrisville	Feb. 21, 2012 at 4:00 p.m.	Twp. Hall 114 S. Poor Farm Rd, Harrisville
Hawes	Feb. 14, 2012 at 6:00 p.m.	VFW Hall, 2120 W. Trask Lake Rd., Barton City
Haynes	Feb. 18, 2012 at 10:30 a.m.	Twp. Hall, 3930 E. McNeil Rd., Lincoln
Mikado	Feb. 21, 2012 at 4:00 p.m.	Twp. Hall, 2291 S. F-41, Mikado
Millen	Feb. 13, 2012 at 10:00 a.m.	Twp. Office, 671 Sanborn Rd., Barton City
Mitchell	Feb. 22, 2012 at 9:00 a.m.	Twp. Hall, 6849 W. Tower Rd., Curran
City		
Harrisville	Feb. 20, 2012 at 10 a.m.	City Office, 200 5 th Street, Harrisville

The Public Accuracy Test is conducted to demonstrate that the computer program used to record and count the votes cast at the election meet the requirements of law.

Just Like Cats & Dogs by Dave T. Phipps



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Straight to the heart

By Kathryn Fritz Kniep
Columnist

This week, halfway between the Super Bowl (during which the United States consumed an estimated 25 billion chicken wings) and Valentine's Day, it seems like a good time to talk about hearts.

Not the pink and red stylized ones we usually envision generally filled with chocolate, but the reddish-bluish-greyish rather unattractive ones that reside in our chests, behind the lungs and slightly to the left of the breastbone. The four-chambered variety that, during the average lifetime, will beat more than 3.5 billion times, usually to the rhythm of the Bee Gee's "Stayin' Alive."

We attribute all kinds of abilities, emotions and injuries to the heart. In song and story, hearts sink, stop, swell with pride, ache, skip a beat, sing and soar. They're crushed, torn, shot-through, shattered and broken in two. In reality, the principle function of the heart is to pump blood to the rest of the body, delivering oxygen and picking up the waste on its way back.

A medical-type once explained it to me this way: "The only thing the heart knows how to do is beat. If one part of it stops beating, the other parts will take up that task, sometimes throwing the whole thing off rhythm." But for the most part, our hearts do their jobs pretty well, unaided by our thought process or even our attention.

So why, then, are hearts the subject of this column? Well, because February is Heart Month and heart attack is the number one killer of women in the United States. So it seems like a good time.

If there's one area where women have definitely achieved equality, it's heart attacks. And since women often tend to ignore the less-obvious symptoms they sometimes experience, one heart surgeon said, "The number one way women present with heart disease is dead."

That's not a good thing. And addressable, as it were. But in order to address it, it's necessary to know some of

those "female" symptoms. Among them, nausea, abdominal, back and jaw pain, fatigue and even depression.

And in order to survive them, it's necessary to know what to do if you think you're having a heart attack.

That last part would seem to be a no-brainer. If you're having a heart attack, you should go to the hospital. Easy. And it would be easy, if the body - like the Thanksgiving turkey - had a button which popped out or if a claxon went off, announcing "heart attack."

Because as odd as it sounds, it can be difficult to decide that yes, that's what this is. Six years ago or so, I had a heart attack. Not only did I have a heart attack, but I had a typical "male" symptom heart attack. I had chest pain that cut through to my back rather like being run through with a sword. I had cold sweats, pain radiating down my arm and up my jawline. I had shortness of breath and nausea.

About a week prior, during a routine doctor's visit, my physician had told me I needed to have a heart work-up. My cholesterol was high, she said, I was overweight. I smoked and as she gently put it, "You live on stress and caffeine." With that in mind, on this particular Friday I'd gone grocery shopping for healthier meals.

But when Art came in from visiting with a neighbor, I'd given up on preparing the fish and broccoli dinner I'd planned and was sitting on the stairs. "I think I might be having a heart attack," I told him. Whereupon, we spent a good 15 minutes deciding if that could possibly be true.

Denial, as the T-shirt tells us, is more than a river in Egypt. Despite my obvious symptoms - and the doctor's warnings -- it didn't seem possible I could be having a heart attack. I was only in my 50s; I hadn't felt "sick." Maybe this was just really, really bad indigestion.

Fortunately, that debate was cut short by the Princess, whose ESP apparently kicked in. At that particular moment, she telephoned from Florida and evaluated the situation rationally. "Call 9-1-1" she told her father. Hanging up, she called the ambulance herself.

Puttin' On The Fritz

So I can absolutely understand why you might dither away some time deciding if this could possibly be true. It's embarrassing to cry wolf in a crowded ER, after all. To mobilize a network of emergency providers over what's only last night's burrito, wreaking its revenge. But there are worse things than embarrassment, as the Princess later pointed out. Among them, becoming someone's late mother. And that first "golden" hour is the time to act.

There are a million articles out there on how to prevent heart disease -- if you don't know. And, in your heart of hearts, you do know -- healthy diet, exercise and medication if your body doesn't respond well enough to diet and exercise. Stress reduction and adequate rest and a daily walk.

What I'm going to focus on instead, is what to do if you think you're having a heart attack. In those first 15 minutes that I frittered away deciding. If you have any of the symptoms, male or female or bi-heart-attackal (a phrase I just invented) you should:

- Tell someone. Sounds silly, doesn't it. Of course you

Continued on page 12

NOTICE TO BIDDERS

Sealed proposals will be received by the Board of Road Commissioners of the County of Alcona, Michigan, at 301 North Lake Street, P.O. Box 40, Lincoln, Michigan 48742, until 4:00 p.m. Local Time, Tuesday, February 21, 2012. Accepted bids will be publicly read beginning at 4:15 p.m. during the Road Commission meeting on Wednesday, February 22, 2012, for furnishing and delivering 2012 annual requirements for the following materials:

1. CORRUGATED METAL CULVERTS
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3. CRUSHED & WASHED LIMESTONE (29A & 26A)
4. BITUMINOUS PATCHING MATERIAL (CP-6 & CP-7)
5. ASPHALT EMULSIONS (including AE-90)
6. PAVEMENT MARKING SERVICES
7. AGGREGATE: TAILGATE-SPREAD
8. AGGREGATE: STOCKPILED

Bid price for the above materials shall include cost of delivery to designated points in Alcona County.

Specifications and further information may be obtained at the office of the Alcona County Road Commission, 301 N. Lake Street, Lincoln, Michigan 48742, phone (989) 736-8168, e-mail roads@alconacrc.com

All proposals must be submitted in sealed envelopes bearing the name of the bidder and item being bid.

The board reserves the right to accept or reject any or all bids, to waive any irregularities in the bids and to accept the bid which is in the best interest of the County of Alcona.

Board of Road Commissioners of the County of Alcona
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Bowling

Wednesday Nite Women's
February 1

Back Alley	112	68
JB's Auto	109.5	70.5
Ark Plumb.	105	75
Alcona Abstr.	99	81
Stoney Acres	91	89
Other Team	76	104
Cole's Appl.	71	109
Alcona Tool	56.5	123.5

High game: Flora Yingling, 234.
 High series: Lynn Gibson and Flora Yingling, 573.
 High handicap game and series: Flora Yingling, 261 and 654.

He's & She's
January 27

Two and Too	71.5	18.5
Gamblers	55.5	34.5
Bowler Up	51.5	38.5
Comets	43	47
Team Joey's	38	52
Handicapped	38	52
An Attitude	34	56
Ballbangers	28.5	61.5

Men's high game: Jimmy Armstrong, 258.

— **Weekly SUDOKU** —

Answer

6	9	4	8	2	5	1	7	3
7	8	2	3	1	6	9	4	5
5	3	1	9	7	4	8	6	2
9	2	6	5	3	8	7	1	4
3	1	8	4	9	7	2	5	6
4	5	7	2	6	1	3	8	9
8	4	3	1	5	9	6	2	7
2	6	5	7	8	3	4	9	1
1	7	9	6	4	2	5	3	8

Men's high series: Edward hart, 639.
 Men's high handicap game: Jimmy Armstrong, 258.
 Men's high handicap series: Edward Hart, 660.
 Women's high game and series: Amy Mochty, 243 and 639.
 Women's high handicap game and series: Amy Mochty, 270 and 747.

Huron League
January 31

Gary Oil	26	82
Mancino's	9	71.5
Rob's Repair	21	70
Carpet One	7.5	63.5
Big Joe's	22.5	57.5
B & D Sales	4	55
Hart Tire	25	54.5
Back Alley	5	26

High game and series: Bob Szuber, 265 and 672.
 High handicap game and series: Ray Medore, 287 and 779.

Early Bloomers
January 31

Violets	96	48
Marigolds	86	58
Daffodils	71	73
Bluebells	69.5	74.5
Tigerlilys	68	76
Rosebuds	68	76
Mums	63	81
Buttercups	54.5	89.5

High game and series: Tammy Mendyka, 205 and 527.
 High team game: Tigerlilys, 440.
 High team series: Buttercups and Tigerlilys, 1,222.

Minors
February 4

Princesses	10	0
P & J	10	0
Busters	8	2
Breakers	7	3
Dew Drops	3	7
Cobras	2	8
Crushers	0	10
Deers	0	10

Boy's high game and series: Jay Nordstrom, 180 and 288.
 Boy's high handicap game: Jay Nordstrom, 266.
 Boy's high handicap series: Peter Brege, 504.
 Girl's high game and series: Taylor Sobock, 147 and 245.
 Girl's high handicap game and series: Taylor Sobock, 243 and 437.

Majors
February 4

Better Than You	44	16
Trappers	39	21
Swags	36.5	23.5
Hunters	34	26
Kingpins	15.5	44.5
Umph	11	49

Boy's high game and series: Leigh Gibson, 183 and 516.
 Boy's high handicap game: Robert Levesque, 225.
 Boy's high handicap series: Trent Johnson, 636.
 Girl's high game and series: Megan Griffith, 179 and 492.
 Girl's high handicap game: Raegan Eller, 228.
 Girl's high handicap series: Emily Hoffman, 642.

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Pelargonium cotyledonis

This plant is native to the dry, barren cliffs of the island of St. Helena in the southern Atlantic Ocean. Its local name is "Old Father Live Forever." It was brought to England in the 1760s. It favors cool, dry climates, and will exhibit partial or total defoliation during winter dormancy.

Source: www.perfect-pelargoniums.com

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Viking Energy of Lincoln Is Proud to Sponsor ALCONA HIGH SCHOOL ATHLETE OF THE WEEK

Brandon Gibson is this week's Athlete of the Week. Brandon is a Senior Captain and shows his leadership with his outstanding work ethic and has been coming on of late on the offensive end of the floor. Brandon is generally asked to guard the other team's best player and takes great pride in shutting them down. Keep up the good work Brandon!

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Alcona County Sheriff's Report

For the Week of January 30- February 5, 2012

54 complaints were handled resulting in the following arrests: 3 Arrests.

Complaint Statistics

Traffic	5	Car/Deer Accidents	8
Property Damage	3	General Assistance	1
False Alarm	3	Domestic	2
Animal/Dog	3	Larceny	6
Drive While Lic. Suspended	1	Personal Injury	1
Open Door	1	Well Being Check	3
Miscellaneous	4	Suspicious Events	2
Threats/Harassment	3	Medical	1
Warrants	2	Assault & Battery	1
Neighbor Trouble	2	Identity Theft	1

Complaints taken by City, Township or Village

Alcona	2	Caledonia	3	Curtis	5
Greenbush	9	Gustin	4	Harrisville	5
Hawes	7	Haynes	1	Mikado	5
Millen	1	Mitchell	2		
Harrisville City	8	Village of Lincoln	2		

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9:30 A.M. SUNDAY SERVICE

Family Heritage Baptist Church
 4260 M-72 Harrisville (2.5 miles west of the light)
 Pastor Ernest Ruemenapp (989) 724-6728 • www.church72.org.
 Sunday worship services 11 a.m. and 6 p.m.
 Sunday school 10 a.m. Wednesday 6 p.m. Patch the Pirate Club, children's ministry. Wednesday 6 p.m. midweek service (preaching and prayer service).

New Life Lutheran Church (ELCA)
 Sunday Worship & Sunday School 9:30 a.m.
 Hubbard Lake Rd.,
 ¼ mile south of White Pine National Golf Course
 Pastor Christina Bright Office 736-7816

Trinity Evangelical Lutheran Church (WELS)
 Church Street at Traverse Bay Road
 Lincoln, Mich. 48742 ~ 736-1227
 Pastor Michael Sheppard ~ Service, Sunday 9 a.m.

ST. PAUL LUTHERAN CHURCH
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 Sunday Worship 9:30 a.m.
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 Pastor Robert L. Mikkelsen • (989) 727-2496

Our Savior Lutheran Church
 3639 South M-65, Glennie, Michigan
 Sunday Morning 10:30 a.m. Worship Service
 Rev. Carlo Sgambelluri, Pastor

ALCONA COUNTY CATHOLIC CHURCHES
 St. Anne, Harrisville Sunday 11 a.m.
 St. Raphael, Mikado, Saturday 4:30 p.m.
 St. Gabriel, Black River Saturday 6:30 p.m.
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Westminster Presbyterian Church U.S.A.
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 Wednesday: 6:30 p.m. Adult Prayer & Bible Study & Youth Programs (Grades K-6th)
 *Fall-Spring programs • Website: www.wcbcmikado.com

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Come as you are – everyone is welcome!

Puttin'

Continued from page 9

would tell someone. But heart attack victims don't always (or often, from what I understand) fall to the floor ala Hollywood, clutching their chests. I'd been experiencing symptoms for several hours before I shared them with Art.

- Call 9-1-1. Don't waffle around. Tell the operator "I think she's having a heart attack."

- Repeat yourself. Tell the operator, medical personnel and those around you, "I think I'm having a heart attack," especially if you're having the milder "female" type of symptoms.

- Go in the ambulance. It's easy, in the midst of things, to mis-evaluate your level of danger. I told the paramedics that rather than have them carry me down a flight of stairs, I could just walk out to the ambulance. They told me to lie down. Most especially, do not drive yourself to the hospital. You need professionals in case the situation worsens and driving makes you a danger to yourself and to others.

- Take a few minutes some-time and make a list of the drugs (prescription and over the counter) that you are currently taking. Note any allergies or chronic illness. Keep it in your wallet and update it from time to time. While we waited for the ambulance, a friend of mine was out in the kitchen, making just such a list. It saved a lot of time at the hospital. Ask your doctor at your next visit if taking an aspirin would be a good choice for you if a heart attack occurs.

Time, the American Heart Association tells us, is muscle. The moments that tick away can result in greater damage to your heart – or your life. If you think you're having a heart attack, act fast.

And the Princess would probably add, listen to your daughter. Not a bad idea. Do what you need to do, and do it quickly. Give yourself every possibility to celebrate another Valentine's Day. Cuz dear readers, I heart you.

Wellness Continued from page 1

topics such as "Shopping and Menu Planning;" "Eating Light and Modifying Recipes;" "Food Labels and Portion Sizes;" "Protein, Dairy, Meat, Beans and Meatless Meals;" "Stretching Your Food Dollars;" and "Nutrition and Physical Activity."

The class meets every Thursday from 1:15 to 2:15 p.m. at the District Health Department No. 2, 311 Lake St. in Harrisville and is free of charge. For more information, call (989) 724-6478.

MMMM Good Fruit Pizza

For the cookie crust:

- 1 large egg white
- ¼ cup vegetable oil
- ¼ cup brown sugar, firmly packed
- 1/3 cup all-purpose flour
- ¼ teaspoon ground cinnamon
- ¼ teaspoon baking soda
- 1 cup uncooked quick-cooking oatmeal
- Cooking spray

For the topping:

- 3 ounces fat-free cream cheese, softened
- ½ (6 ounce) container of non-fat vanilla yogurt

Fruit for topping the pizza – any kind of fruit you like or a combination of fruits.

1. Preheat the oven to 375 degrees.
2. Use a medium mixing bowl to beat egg white until foamy. Add oil and sugar. Beat until smooth.
3. Use a small bowl to stir together the flour, cinnamon, and baking soda. Add to sugar mixture. Stir in oatmeal.
4. Line a baking sheet with aluminum foil and spray with cooking spray. Spread the dough in a 9 inch circle.
5. Bake about 12 minutes. Crust will begin to puff but does not look done. Remove from oven and let cool about 20 minutes. The crust will continue to cook while cooling.
6. Use a small bowl to stir together the cream cheese and yogurt until smooth.

Cover with plastic wrap and refrigerate until cool.

7. Transfer the crust to a serving plate. Spread the cream cheese mixture over the crust. Arrange fruit on top.

8. Cut into wedges and serve, or refrigerate up to 2 hours, covered and uncut.

Cooking tips:

- Make fruit into dessert. Any variety of fresh fruit will work, or used canned fruit such as pineapple or mandarin oranges. Use flavored yogurt instead of vanilla to vary color and flavor.

- Dip fruits that turn brown after cutting into lemon juice

to drain well before adding to pizza. This works best for bananas, apples, peaches or pears.

- Nutrition Facts: Serving size, one wedge, servings per container, eight. Calories 190; Calories from fat 70; total fat eight grams; saturated fat one gram; trans fat zero grams; cholesterol zero mg; sodium 130 mg. Total carbohydrate 25 grams; dietary fiber two grams; sugars 14 grams; protein 54 grams; vitamin A two percent; vitamin C 25 percent; calcium six percent; iron six percent. Source: Iowa State University Extension "Spend Smart, Eat Smart."



Beth Noffze

February is National Healthy Heart Month

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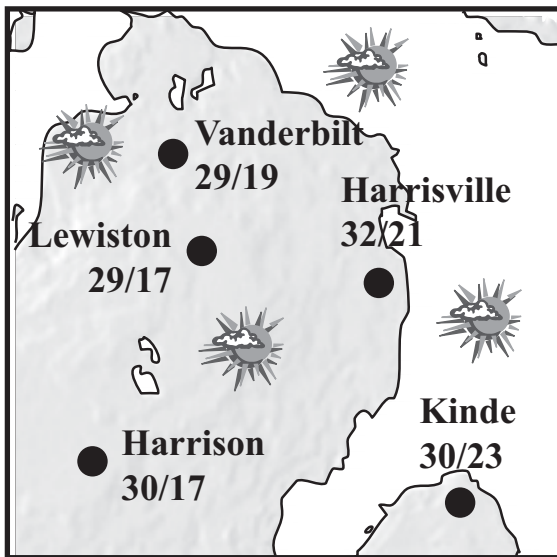
Alcona Review Weather Report

Feb. 8, 2012

Seven Day Forecast

- WEDNESDAY**
Mostly Sunny
High: 32 Low: 21
- THURSDAY**
Mostly Sunny
High: 33 Low: 19
- FRIDAY**
Mostly Cloudy
High: 22 Low: 10
- SATURDAY**
Partly Cloudy
High: 22 Low: 15
- SUNDAY**
Mostly Sunny
High: 26 Low: 22
- MONDAY**
Partly Cloudy
High: 31 Low: 24
- TUESDAY**
Mostly Sunny
High: 32 Low: 21

Today's Regional Map



In-Depth Local Forecast

Today we will see mostly sunny skies with a high temperature of 32°, humidity of 54%. West wind 5 to 15 mph. The record high temperature for today is 50° set in 1991. Expect partly cloudy skies tonight with an overnight low of 21°. West wind 10 to 15 mph. The record low for tonight is -24° set in 1962.

*Last Week's Almanac

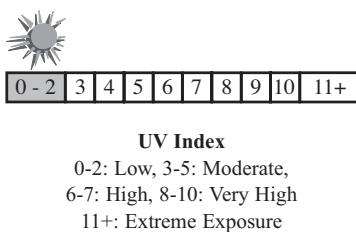
Date	Hi	Lo	Normals	Precip
Monday	133	4	26/8	0.11"
Tuesday	46	15	26/8	0.00"
Wednesday	40	28	26/8	0.00"
Thursday	34	30	26/8	0.00"
Friday	39	27	26/8	0.00"
Saturday	38	17	26/8	0.00"
Sunday	37	29	26/8	0.00"

*Data as reported from Alpena, MI

Local Sun/Moon Chart This Week

Day	Sunrise	Sunset	Moonrise	Moonset
Wednesday	7:44 a.m.	5:52 p.m.	7:14 p.m.	7:43 a.m.
Thursday	7:42 a.m.	5:53 p.m.	8:28 p.m.	8:11 a.m.
Friday	7:41 a.m.	5:54 p.m.	9:42 p.m.	8:39 a.m.
Saturday	7:40 a.m.	5:56 p.m.	10:57 p.m.	9:08 a.m.
Sunday	7:38 a.m.	5:57 p.m.	No Rise	9:40 a.m.
Monday	7:37 a.m.	5:59 p.m.	12:12 a.m.	10:16 a.m.
Tuesday	7:35 a.m.	6:00 p.m.	1:25 a.m.	10:59 a.m.

Local UV Index



National Weather Summary This Week

The Northeast will see mostly clear to partly cloudy skies with scattered snow today through Friday, with the highest temperature of 51° in Georgetown, Del. The Southeast will see scattered showers and thunderstorms today through Friday, with the highest temperature of 83° in Ft. Myers, Fla. The Northwest will see mostly clear to partly cloudy skies with a few showers today through Friday, with the highest temperature of 64° in Medford, Ore. The Southwest will see scattered showers today, mostly clear skies Thursday and Friday, with the highest temperature of 70° in Bullhead City, Ariz.

Tonight's Planets

	Rise	Set
Mercury	7:59 a.m.	5:50 p.m.
Venus	9:21 a.m.	9:26 p.m.
Mars	8:22 p.m.	9:27 a.m.
Jupiter	10:37 a.m.	12:20 a.m.
Saturn	11:44 p.m.	10:42 a.m.
Uranus	9:26 a.m.	9:32 p.m.

Weather History

Feb. 8, 1987 - A powerful storm hit the Great Lakes region. North winds of 50 to 70 mph raised the water level of southern Lake Michigan two feet and produced waves 12 to 18 feet high, causing seven million dollars damage along the Chicago area shoreline.

Weather Trivia

What do you see when you "see" your breath?

Answer: Condensed water vapor.

www.WhatsOurWeather.com

StarWatch By Gary Becker - Moon, Planets Reveal More

Perhaps you have been noticing that dazzling bright star in the SW after sundown. Alas, it is the planet Venus. There is no brighter "star" in the heavens. Above Venus and to the left is Jupiter, the ruler of the solar system, but not quite as bright. Saturn and Mars come along later in the evening, although Mars is rising about 8 p.m. What's nice about the planets, from Mercury to Saturn, and the moon, is that they are bright and can reveal other interesting celestial gems as they wander among the stars. On Monday, February 6, a bright waxing gibbous moon is 5.5 degrees to the SSW of the Beehive, an old open cluster of stars in Cancer the Crab. Binoculars will be needed to view this swarm of luminaries that have been around for some 600 million years and might well be related to another more famous open cluster, the Hyades, which is represented by the "V" of Taurus the Bull minus its brightest star, Aldebaran. Likewise on Thursday the 9th, a full moon visits Mars. Moonrise is about 8 p.m., but give the moon and Mars a few hours to gain altitude, and the experience will be more productive. The moon will be about two fists held at arm's length (thumb on top) above the horizon by 10 p.m. A bright warm-colored star will be about one fist's distance to the moon's left, and that will be Mars. The sneakiest rendezvous this week, however, will also occur on Thursday evening right after it gets dark. Look at Venus using binoculars in the WSW about 45 minutes to an hour after sundown. To Venus' left and very close to the Goddess of Love, less than half a lunar diameter away, will be a much fainter starlike object, also a planet. You'll be looking at Uranus. Any small to mid-sized telescope will also reveal the two objects in the same field of view. The day before and after are still good views through binoculars, but with wider separations. Much success! www.astronomy.org

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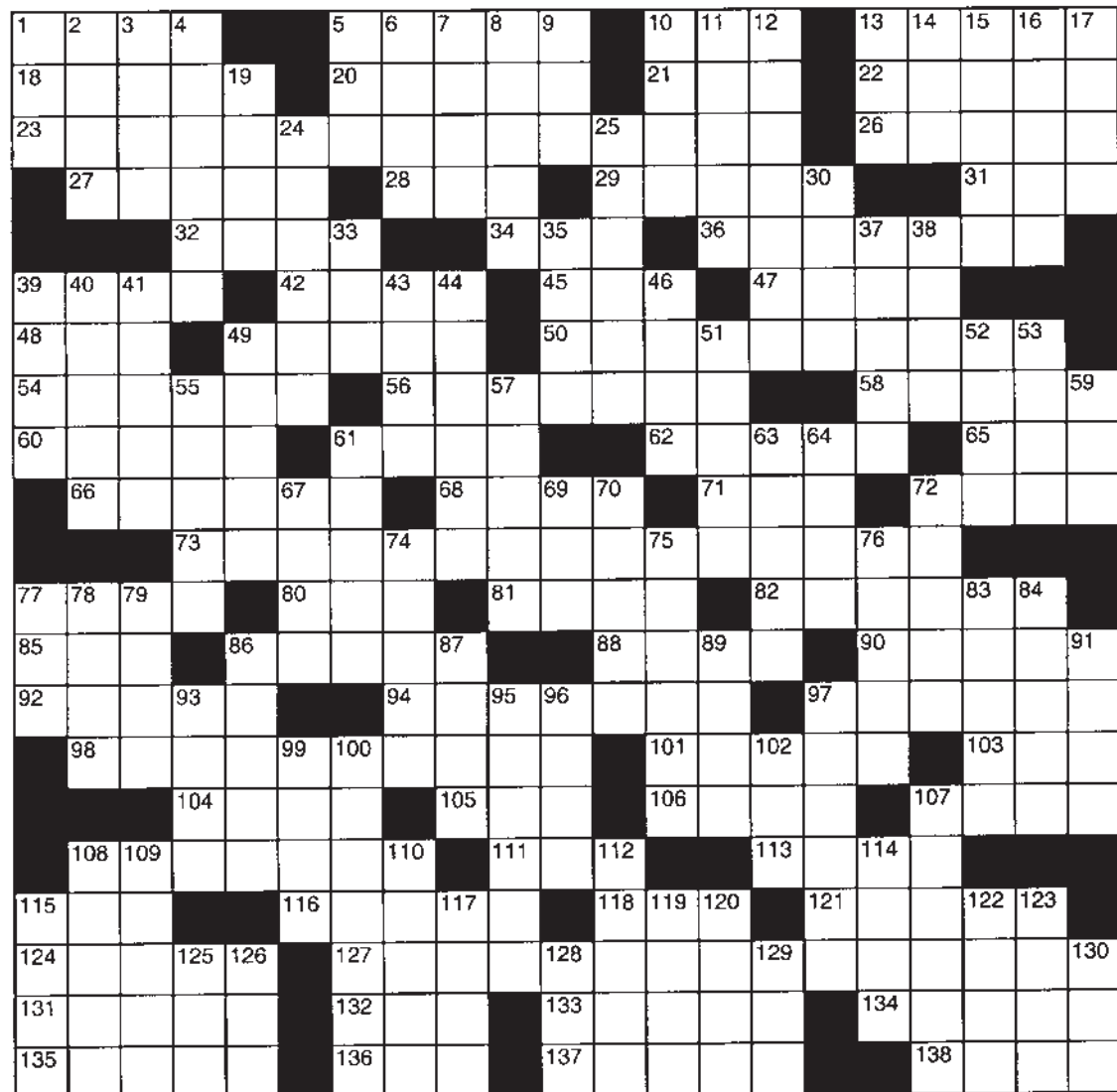
TRIVIA TEST ~ By Fifi Rodriguez

1. **TELEVISION:** What was the theme song of "The Mary Tyler Moore Show"?
2. **MUSIC:** What rock group was featured in the documentary "The Kids Are Alright"?
3. **MYTHOLOGY:** In Norse mythology, who were the Norns?
4. **MOVIES:** Actress Shirley MacLaine played a nun in which movie?
5. **CARTOONS:** What were the names of Daisy Duck's nieces?
6. **MEDICINE:** Who discovered that yellow fever was transmitted by mosquitoes?
7. **LITERATURE:** What was the first novel written by Raymond Chandler?
8. **AD SLOGANS:** What company advised motorists to "trust your car to the star"?
9. **ANATOMY:** What is a human being's normal body temperature in Celsius?
10. **GEOGRAPHY:** The tiny principality of Andorra borders which two European countries?

Answers: 1. "Love Is All Around"; 2. The Who; 3. Norse goddesses of fate; 4. "Two Mules for Sister Sara"; 5. April, May and June; 6. Dr. Walter Reed; 7. "The Big Sleep"; 8. Texaco; 9. 37; 10. Spain and France (c) 2012 King Features Synd., Inc.

Super Crossword FINISH LINE

- | | | | | | |
|--|-----------------------------------|--|--|------------------------------------|---|
| ACROSS | 50 Part 2 of remark | 101 Perfect | 3 Ill temper | 41 Jeweler's weight | 89 Helen of Troy's mom |
| 1 Thieves | 54 Verbal explosion | 103 One of the Marches | 4 She knew how to get a head | 43 41st or 43rd President | 91 Wrath |
| 5 Dress down | 56 Pittsburgh player | 104 Anesthetize | 5 Droop | 44 Be there | 93 Cubist Rubik? |
| 10 Accomplished | 58 Skirt feature | 105 Fitting | 6 Do | 46 Gets by, with "out" | 95 Warning |
| 13 English explorer | 60 Tangle | 106 Manuscript enc. | 6 Do | 49 Impromptu | 96 Tivoli's Villa d' |
| 18 French spa | 61 "May I interrupt?" | 107 Goofy Gomer | 7 Sarah — Jewett | 51 Author Jong | 97 Ancient tongue |
| 20 Home on high | 62 Vision | 108 Field event | 8 Pale purple | 52 Patricia of "Hud" | 99 Little devils |
| 21 A mean Amin | 65 Cookbook phrase | 111 "— the fields we go ..." | 9 "— volente" | 53 Wild wind | 100 Bordered on |
| 22 "Pygmalion" role | 66 Impressive lobby | 113 Ballet movement | 10 "Carpe —" | 55 Deck out | 102 Kreskif's letters |
| 23 Start of a remark by Gene Perret | 68 Catches cod | 115 Overwhelm | 11 Turn of phrase | 57 Edit a text | 107 Know-it-all |
| 26 On the up and up | 71 Runner Sebastian | 116 Recruit personnel | 12 Bother | 59 Duty | 108 Vow |
| 27 Director Sergio | 72 Karras or Haley | 118 Good times | 13 "Fantasia" frame | 61 Menotti title character | 109 Throw forcefully |
| 28 Grazing ground | 73 Part 3 of remark | 121 Sari site | 14 Fish-and-chips accompaniment | 63 Have thirds and fourths? | 110 Resort lake |
| 29 Overact | 77 Suggestive | 124 Rent | 15 Chauvinist | 64 Cure | 112 Bucolic |
| 31 Have a mortgage | 80 — Na Na | 127 End of remark | 16 Conductor Seiji | 67 — Minor | 114 Memo start |
| 32 Become engaged? | 81 Beloved | 131 Party present | 17 Yarn | 69 Peg for Palmer | 115 — Romeo |
| 34 EMT's skill | 82 Type of aircraft | 132 Myriads of moons | 19 Muse count | 70 Footballer Lynn | 117 Actress Sherilyn |
| 36 "La Boheme" girl | 85 Maestro de Waart | 133 "Midnight at the —" ('74 hit) | 24 Snuggle up | 72 Option | 119 "Yo!" at the library |
| 39 Depravity | 86 Fusillade | 134 "— Gay" | 25 "The Aeneid" author | 74 Maritime abbr. | 120 Move a bit |
| 42 Heavy metal instrument? | 88 Khartoum's river | 135 Fight site | 30 Jacob's twin | 75 Turning point | 122 "Blame — the Bossa Nova" ('63 hit) |
| 45 Mellow | 90 Hopeless case | 136 Room for relaxing | 33 Tint | 76 Actor Bruce | 123 Bill of Rights grp. |
| 47 Rajasthani rhythm | 92 Jeeves or Passe-partout | 137 Marine leader? | 35 "— Rider" ('85 film) | 77 Part of IRS | 125 Every guy is one |
| 48 Coach Parseghian | 94 Focused | 138 Hardware item | 37 Neighbor of Libya | 78 Eliot's "— Bede" | 126 Cy Young stat |
| 49 Kayak commander | 97 Watchful city? | DOWN | 38 Kite part | 79 Fountain order | 128 Debtor's letters |
| | 98 Part 4 of remark | 1 Sports official | 39 Places to dye | 83 Foe | 129 Govt. agency |
| | | 2 Face shape | 40 One of "The Three Sisters" | 84 Party hearty | 130 Beaver or beret |
| | | | | 86 Waik like a rooster | |
| | | | | 87 Recruit-to-be | |



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STRANGE BUT TRUE
by Samantha Weaver

• It was American author James Thurber who made the following sage observation: "Humor is emotional chaos remembered in tranquility."

• If you're a fan of the original "Wizard of Oz" movie, you might be surprised to learn that the actress who played Glinda the Good Witch, Billie Burke, was 54 years old when the film was shot.

• The award for the most needless war in history could very well go to Paraguay, whose president, Francisco Solano Lopez, believed himself to be an excellent tactician. He was a great admirer of Napoleon Bonaparte and wished to emulate the French emperor, but he had no wars to fight. To remedy the situation, in 1864 Lopez declared war on all three of his neighboring countries, Uruguay, Argentina and Brazil. His tactical abilities seem to have been of little use, however; it is estimated that 90 percent of Paraguay's male population was killed during the course of the war.

• During this time of election madness, "misology" could be a useful word to know. It means "hatred of reason."

• French novelist Marcel Proust's magnum opus, "Remembrance of Things Past," has been hailed as a literary masterpiece, but not everyone was a fan at first read. As Proust was trying, unsuccessfully, to find a publisher for his seven-volume work, one publisher said, "I may be dense, but I fail to see why a chap needs 30 pages to describe how he tosses and turns in bed before falling asleep." The author finally published the first volume with his own money; after the book was hailed as a masterpiece by critics, the same publishers who had rejected Proust competed for the opportunity to print the other six volumes of his work.

Thought for the Day: "Before I got married I had six theories about bringing up children; now I have six children and no theories." — John Wilmot

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MOMENTS IN TIME
The History Channel

• On Feb. 24, 1786, Wilhelm Karl Grimm, the younger of the two Brothers Grimm, is born in Hanau, Germany. The brothers' collection of oral folktales include "Hansel and Gretel," "Snow White," "Little Red Riding Hood," "Sleeping Beauty" and "Rapunzel."

• On Feb. 25, 1890, Vlachoslav Skryabin, foreign minister for the Soviet Union who took the revolutionary name Molotov, is born in Kurkaka, Russia. Molotov advocated the use of throwing bottles filled with flammable liquid and stuffed with a lit rag at the enemy, and the famous "Molotov cocktail" was born.

• On Feb. 26, 1903, Alexander Winton, driving his Winton Bullet, sets the first speed record ever achieved at Daytona Beach, Fla. Built in 1902, the "Bullet Number 1" drove a measured mile at more than 65 mph.

• On Feb. 23, 1945, during the battle for Iwo Jima, U.S. Marines raise the American flag atop Mt. Suribachi, an event captured on film by AP photographer Joe Rosenthal. Although the photograph has long led people to believe that the flag raising was a turning point in the battle, fighting continued for 31 more days.

• On Feb. 22, 1950, Walt Disney's animated feature "Cinderella" opens. Based on a fairy tale by the Brothers Grimm, "Cinderella" featured songs like "A Dream Is a Wish Your Heart Makes" and became one of Disney's most beloved films.

• On Feb. 20, 1986, France and Britain announce that a tunnel under the English Channel linking the two countries would soon become a reality. Trains, cars and buses would be able to speed through the tunnel in less than half an hour. Construction began in December 1987, and the "chunnel" was finally completed in 1994.

• On Feb. 21, 1994, CIA operative Aldrich Ames is arrested for selling secrets to the Soviet Union. At least 10 men were killed after Ames revealed their identities, and more were sent to Russian gulags. Both Ames and his wife were later convicted. Ames was sentenced to life in prison while his wife, as part of a plea-bargain agreement, was given a five-year sentence.

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Weekly SUDOKU

by Linda Thistle

		4		5	1		3
	8			1			5
5			9				6
	2		5				4
3	1				7	2	
		7		6			8
		3			9		7
	6			8			9
1			6		2	5	

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ★

★ Moderate ★★ Challenging
★★★ HOO BOY!

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Alcona County Review Classifieds

Ads may be brought in to our office at 111 Lake St., Harrisville
 Cost per ad is \$4.50 for the first 10 words and 15¢ for each word thereafter. Boxed ads are \$5 per column inch.
 Ads and payment must be received by 5 p.m. Monday.

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LEGAL NOTICES

If you are currently in bankruptcy or have received a discharge in bankruptcy as to this obligation, this communication is intended for informational purposes only and is not an attempt to collect a debt in violation of the automatic stay or the discharge injunction. In such case, please disregard any part of this communication which is inconsistent with the foregoing. Otherwise, federal law requires us to advise you that communication from our office could be interpreted as an attempt to collect a debt and that any information obtained may be used for that purpose.

If you are now on active military duty or have been in the prior nine months, please contact our office as you may be entitled to the benefits of the Servicemembers' Civil Relief Act. This is an opportunity to save your home.

To: Jamie M. Williams, 301 West Traverse Bay Road, Lincoln, Mich. 48742. County: Alcona. State law requires that you receive the following notice: You have the right to request a meeting with your mortgage holder or

mortgage servicer. The person to contact and that has the authority to make agreements for a loan modification with you is: Orleans Associates, P.C. Loss Mitigation Department, P.O. Box 5041, Troy, MI 48007-5041, (248) 502-1331. You may contact a housing counselor by visiting the Michigan State Housing Development Authority (MSHDA) website or by calling MSHDA. The website address and telephone number of MSHDA is: (www.mshda.info/counseling_search/), telephone (517) 373-8370, TTY No. (800) 382-4568.

If you request a meeting with the servicer's designate within 14 days after the date the notice was mailed, then foreclosure proceedings will not start until 90 days after the date the notice was mailed to you. If you and the servicer's designate reach an agreement to modify the mortgage loan, the mortgage will not be foreclosed if you abide by the terms of the agreement.

You have the right to contact an attorney. You may contact attorney of your choice. If you do not

have an attorney, the telephone number for the Michigan State Bar Association's Lawyer Referral Service is (800) 968-0738. Dated: February 8, 2012
 Orleans Associates P.C
 Attorneys for Servicer
 P.O. Box 5041
 Troy, MI 48007-5041
 File Number: 310.9622
 2-8

HARRISVILLE TWP. MINUTES

The Harrisville Township special meeting and workshop was held Monday, Jan. 30 at 1:30 p.m. at the township hall. The pre-posted meeting was called by the supervisor and was attended by the full board and guest Harry Harvey. There was a long discussion on what to do with the township hall; renovate or rebuild. No decision was made. Also worked on the 2012-2013 budget. Meeting adjourned at 3:40 p.m.

Roger D. Jamieson
 Township Clerk
 Published prior to board approval.

HELP WANTED

Harrisville State Park is looking for employees for the summer season! Duties can include permit sales, general maintenance, mowing, landscaping and janitorial work. Please contact the park at (989) 724-5126 or stop by the headquarters between 8 a.m. - 4:30 p.m. Monday-Friday for an application. Scheduled interviews will begin after the first of April. Please apply early!

Full time work available! Crusecom is seeking candidates to fill 150 customer service representative positions in a rapidly growing call center. Full time positions and advancement opportunities are available. Applicants must successfully complete the following prior to starting work: drug screening, credit check and criminal background check. You may apply in person at 6080 Jet Street, Oscoda, Mich., e-mail your resume to mike.barnhart@crusecom.com, or call (989) 739-5070 for more information.

Residential training worker: Substitute staff needed to work with consumers who have a developmental disability in group homes located in Harrisville and Lincoln. Shift work and weekends or variable hours may be required. Experience with handicapped desirable. Background checks are conducted; must possess a satisfactory driving record, high school graduate or GED preferred. Entry rate is \$9.05 per hour. Training is provided. Complete application at Northeast Michigan Community Mental Health, 400 Johnson, Alpena, Mich. 49707 or contact personnel at (989) 358-7701 for application. Equal opportunity employer.

BIDS WANTED

Bid request-garbage removal, Lincoln services: Alcona Health Center (AHC) is now accepting bids for garbage removal for its Lincoln location at 177 North Barlow Road. The bid is for an eight (8) yard dumpster to be picked up twice per week. The contract will be for three years and the price must be guaranteed for the length of the contract. Dumpster with side access as well as top is preferred. Vendor must have general liability, vehicle and workers compensation insurance. Copies of current insurance certificates must accompany bid. Contract to be effective May 1, 2012 - April 30, 2015. Bids are to be sent to, Attn: Garbage Bids, P.O. Box 279, Lincoln, Mich. 48742, no later than end of business on February 22, 2012. Bids dropped off or sent to any other AHC location will not be considered. Alcona Health Center is a patient centered medical home. Equal opportunity employer.



TBTA is proud to be providing public transportation options to Alcona County for over 25 years.

Reduced fare rates for senior and disabled riders.

For more information on how we can assist with your transportation needs, please call our office Mon - Fri: 8am - 5pm for scheduling and pricing.
 #1-866-354-2487



FOR RENT

One bedroom, one block from downtown Harrisville, all utilities paid, covered parking and on-site laundry. Call (989) 362-4400 days.

Two bedroom house, Lincoln; \$495 plus utilities, one year lease minimum. Call (989) 736-8360 daytime or (989) 736-8177 evening.

Downtown Harrisville on the lake one bedroom, den, sitting room with efficiency kitchen including new stove and refrigerator. Unfurnished \$300 per month plus utilities. Must have first and last month's rent plus security. One year lease, credit check. For appointment to view, call (313) 882-8145 and (989) 724-6970.

FOR SALE

Firewood, seasoned oak or ash; DHS and NEMCSA orders accepted (989) 724-6860.

Ice shanty 5 x 7 on runners with tow bar \$200 or best offer, call for details (989) 464-0967.

Grave Markers & Monuments
 Call Rich Gillies
 in Lincoln
 736-8195

WORK WANTED

Snow plowing, roofing, home maintenance, free estimates call Joe Gonzales (989) 471-5075 or (989) 464-2337.

ADULT FOSTER CARE

We are now accepting applications for new residents at our adult foster care home in Lincoln (989) 724-6820.

BINGO

Knights of Columbus No. 6851, Spruce-Sunday 6:30 p.m. Papers and hard cards, two progressive jackpots and one jackpot that could be worth \$300-\$500 each week and much more.

Mikado Goodfellows Bingo every Monday 6:30 p.m. at Mikado Civic Center. Winner take all game and cookie jar. All proceeds to charity.

Bingo - Every Wednesday in Mikado Civic Center. Early bird at 6:30 p.m., air conditioned. Mikado Area Development.

A.C.C.O.A. Bingo - Tuesday 6:30 p.m., Lincoln Senior Center. All paper games, Michigan Progressive, two jackpots, cookie jar. Non-smoking area provided. New players are always welcome. New players are always welcome. Proceeds to ACCOA senior programs. A239401C.

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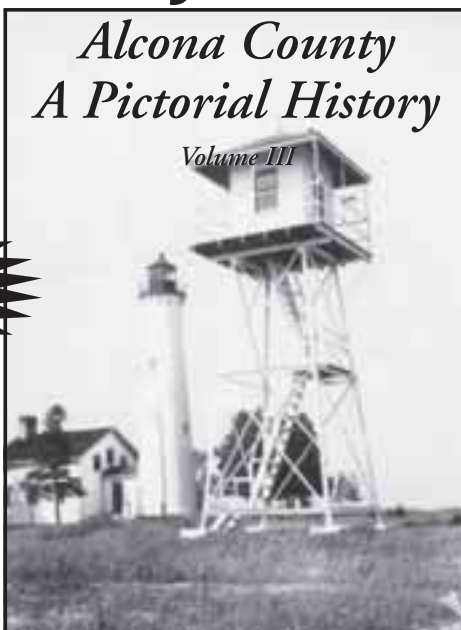
Alcona County Review Announces the Publication of . . . A Pictorial History Book of Alcona County Vol. III

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Phone _____

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111 Lake St., Harrisville

Cost per ad is \$4.50 for the first 10 words and 15¢ for each word thereafter. Boxed ads are \$5 per column inch. Ads and payment must be received by 5 p.m. Monday.

LEGAL NOTICE

Notice of Foreclosure

This firm is a debt collector attempting to collect a debt. Any information we obtain will be used for that purpose. If you are in active military service please contact our office at the number below.

Attention potential purchasers at foreclosure sale: In the case of resolution prior to or simultaneously with the aforementioned foreclosure sale, U.S. Bank National Association, as trustee for Manufactured Housing Contract Senior/Subordinate Pass-Through Certificate Trust 1994-1, by Green Tree Servicing LLC, as servicer with delegated authority under the transaction documents may rescind this sale at any time prior to the end of the redemption period.

In that event, your damages, if any, shall be limited to the return of your bid amount tendered at the sale, plus interest. Default having occurred in the conditions of a mortgage made by Michael Rasche, a single man, (debtors) to Green Tree Servicing LLC (f/k/a Green Tree Acceptance, Inc.), dated January 6, 1994, and recorded in the office of the register of deeds for the county of Alcona in the state of Michigan on January 7, 1994, in Liber 268, page(s) 720, et. seq., said mortgage being last assigned to U.S. Bank National Association, as trustee for Manufactured Housing Contract Senior / Subordinate Pass-Through Certificate Trust 1994-1, by Green Tree Servicing LLC, as servicer with delegated authority under the transaction documents (Green Tree), by mortgage assignment dated November 28, 2011, and recorded in the office of the register of deeds for the county of Alcona in the State of Michigan on December 7, 2011, in Liber 483, page(s) 1183, et. seq., on which mortgage there is claimed to be due as of the date of this notice the sum of \$36,938.04, which amount may or may not be the entire indebtedness owed by debtors to Green Tree together with interest at 8.50 percent per annum. Now therefore, notice is hereby given

that the power of sale contained in said mortgage has become operative and that pursuant to that power of sale and MCL 600.3201 et. seq., on February 29, 2012 at 10 a.m., at the west entrance to the Alcona County building in Harrisville, Mich., that being the place for holding the circuit court and/or for conducting such foreclosure sales for the county of Alcona, there will be offered at public sale, the premises, or some part thereof, described in said mortgage as follows, to-wit: Land situated in the village of Black River, county of Alcona, state of Michigan, is described as follows: Lot 19 of the assessor's plat of the village of Black River, according to the recorded plat thereof, as found in Liber 3 of plats, pages 1, 2, 3 and 4, Alcona County records. Which also includes any interest Green Tree may have in the 1993 Patriot Mobile Home, Serial Number 4131AB.

The redemption period shall be one (1) year from the date of sale unless the property is established to be abandoned pursuant to MCL 600.3241a, in which case the redemption period shall be the later of thirty (30) days from the date of sale or fifteen (15) days from the date the notice required by MCL 600.3241a(b) was posted and mailed.

Dated: January 20, 2012
U.S. Bank National Association, as trustee for Manufactured Housing Contract Senior / Subordinate Pass-Through Certificate Trust 1994-1, by Green Tree Servicing LLC, as servicer with delegated authority under the transaction documents
By: Donald A. Brandt (P30183)
Brandt, Fisher, Alward & Pezzetti, P.C. Attorneys for Green Tree
1241 E. Eighth Street,
P.O. Box 5817
Traverse City, Mich. 49696-5817
(231) 941-9660
File No.: 6140.1047
Ad No. 19540
1-25, 2-1, 2-8, 2-15

As a debt collector we are attempting to collect a debt and any information we obtain will be used for that purpose. Notify us at the number below if you are in active military duty.

Mortgage sale - Default having been made in the terms and conditions of a certain mortgage made by David A. Witt and Suzan E. Witt, husband and wife as joint tenants, mortgagors, to Long Beach Mortgage Company, mortgagee, dated the 11th day of May, 2005 and recorded in the office of the register of deeds, for the county of Alcona and state of Michigan, on the 18th day of May, 2005 in Liber 416 of Alcona County records, page 1,101. Said mortgage having been assigned to Deutsche Bank National Trust Company, as trustee for Long Beach Mortgage Loan Trust 2005-WL2 on which mortgage there is claimed to be due, at the date of this notice, the sum of forty-two thousand nine hundred eighty and 44/100 (\$42,980.44), and no suit or proceeding at law or in equity having been instituted to recover the debt secured by said mortgage or any part thereof.

Now, therefore, by virtue of the power of sale contained in said mortgage, and pursuant to statute of the state of Michigan in such case made and provided, notice is hereby given that on the 15th day of February, 2012 at 10 o'clock a.m. local time, said mortgage will be foreclosed by a sale at public auction, to the highest bidder, at the west entrance to the Alcona County Building in Harrisville, Mich. (that being the building where the circuit court for the county of Alcona is held), of the premises described in said mortgage, or so much thereof as may be necessary to pay the amount due, as aforesaid on said mortgage, with interest thereon at 7.650 percent per annum and all legal costs, charges, and expenses, including the attorney fees allowed by law, and also any sum or sums which may be paid by the undersigned, necessary to protect its interest in the premises.

Which said premises are described as follows: All that certain piece or parcel of land, including any and all structures, and homes, manufactured or otherwise,

located thereon, situated in the township of Greenbush, county of Alcona, state of Michigan, and described as follows, to wit: Lot 30 of Huron Cedar Lake Subdivision according to the recorded plat thereof as found in Liber 1 of plats, pages 83-84, Alcona County records. During the six (6) months immediately following the sale, the property may be redeemed, except that in the event that the property is determined to be abandoned pursuant to MCLA 600.3241a, the property may be redeemed during 30 days immediately following the sale.

Dated: January 18, 2012
Deutsche Bank National Trust Company, as Trustee for Long Beach Mortgage Loan Trust 2005-WL2 Mortgagee
Fabrizio & Brook, P.C.
Attorney for Deutsche Bank National Trust Company, as Trustee for Long Beach Mortgage Loan Trust 2005-WL2
888 W. Big Beaver,
Suite 800
Troy, MI 48084
(248) 362-2600
1-18, 1-25, 2-1, 2-8

Notice Of Mortgage Foreclosure Sale

This firm is a debt collector attempting to collect a debt. Any information we obtain will be used for that purpose. Please contact our office at the number below if you are in active military duty.

Attention purchasers: This sale may be rescinded by the foreclosing mortgagee. In that event, your damages, if any, shall be limited solely to the return of the bid amount tendered at sale, plus interest.

Mortgage sale - Default has been made in the conditions of a mortgage made by Michael E. Harrell and Michelle Harrell, husband and wife, original mortgagor(s), to Mortgage Electronic Registration Systems, Inc., mortgagee, dated June 25, 2008, and recorded on July 8, 2008 in Liber 453 on page 1,432, and assigned by said mortgagee to Bank of America, N.A., successor by merger to BAC Home

Loans Servicing, L.P. fka Countrywide Home Loans Servicing, L.P. as assignee as documented by an assignment, in Alcona County records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of one hundred forty-nine thousand two hundred seventy-four and 33/100 dollars (\$149,274.33), including interest at six percent per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, at the place of holding the circuit court within Alcona County, at 10 a.m. on February 15, 2012.

Said premises are situated in township of Greenbush, Alcona County, Michigan, and are described as: Town 25

North Range 9 East Section 26 South 1/2 of Lot 393 Huron Cedar Lakes Subdivision No. 3, according to the plat thereof recorded in Liber 1 of Plats, page(s) 104 of Alcona County records.

The redemption period shall be six months from the date of such sale, unless determined abandoned in accordance with MCLA 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: January 18, 2012
For more information, please call:
(248) 593-1302
Trott & Trott, P.C.
Attorneys For Servicer
31440 Northwestern Highway,
Suite 200
Farmington Hills, Michigan
48334-2525
File No. 391938F01
1-18, 1-25, 2-1, 2-08

Foreclosure Notice (All Counties)

As a debt collector we are attempting to collect a debt and any information obtained will be used for that purpose. Notify (248) 362-6100 if you are in active military duty.

Mortgage sale - Default having been made in the terms and conditions of a certain mortgage made by James Munn and Michaelene C. Munn, husband and wife, of Alcona County, Michigan, mortgagor to Mortgage Electronic Registration Systems, Inc as nominee for GMAC Mortgage, LLC f/k/a GMAC Mortgage Corporation it's successors and assigns dated the 18th day of January, 2008, and recorded in the office of the register of deeds, for the county of Alcona and state of Michigan, on the 1st day of February, 2008, in Liber 449, page 914 of Alcona records, which said mortgage was assigned to GMAC Mortgage, LLC successor by merger to GMAC Mortgage Corp, thru mesne assignments, on which mortgage there is claimed to be due, at the date of this notice, for principal of \$126,871.76 (one hundred twenty-six thousand eight hundred seventy-one and 76/100) plus accrued interest at 6.625 percent (six point six two five) percent per annum. And no suit proceedings at law or in equity having been instituted to recover the debt secured by said mortgage or any part thereof.

Now, therefore, by virtue of the power of sale contained in said mortgage, and pursuant to the statute of the state of Michigan in such case made and provided, notice is hereby given that on, the 7th day of March, 2012, at 10 a.m. said mortgage will be foreclosed by a sale at public auction, to the highest bidder, west entrance to the Alcona County Building in Harrisville, Mich., Alcona County,

Michigan, of the premises described in said mortgage.

Which said premises are described as follows: All that certain piece or parcel of land situate in the township of Caledonia, in the county of Alcona and state of Michigan and described as follows to wit: Situated in the township of Caledonia, county of Alcona and state of Michigan: Commencing at the east quarter corner of Section 11, Township 28 North, Range 7 East, Michigan Meridian; thence south 03 degrees 40 minutes 08 seconds west, 600.00 feet along the east line of Section 11 and Bennett Road to the point of beginning; thence continuing south 03 degrees 40 minutes 08 seconds west, 264.22 feet along the east line of Section 11 and Bennett Road; thence north 86 degrees 20 minutes 49 seconds west 468.21 feet; thence north 03 degrees 40 minutes 08 seconds east, 264.22 feet; thence south 85 degrees 20 minutes 49 seconds east, 468.21 feet to the point of beginning. Being a part of the northeast quarter of the southeast quarter of Section 11, Township 28 North, Range 7 East. Commonly known as: 6187 Bennett. Tax Parcel No.: 021-011-400-014-00.

The redemption period shall be six months from the date of such sale, unless determined abandoned in accordance with 1948CL 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Dated: February 8, 2012
By: Foreclosing Attorneys Attorney for Plaintiff Weltman, Weinberg & Reis Co., L.P.A.
2155 Butterfield Drive
Suite 200-S
Troy, MI 48084
WWR No. 10082955
2-8, 2-15, 2-11, 2-29

Schneiderman & Sherman, P.C., is attempting to collect a debt. Any information we obtain will be used for that purpose. Please contact our office at (248) 539-7400 if you are in active military duty.

Mortgage sale - Default has been made in the conditions of a mortgage made by Kevin Coulson and Tamara L. Coulson, husband and wife, to American Money Centers, Inc., mortgagee, dated February 4, 2004, and recorded on February 13, 2004, in Document No. 200400000590, Liber 397, on page 52, and assigned by said mortgagee to GMAC Mortgage, LLC SBM to GMAC Mortgage Corporation, as assigned, Alcona County records, Michigan, on which mortgage there is claimed to be due at

the date hereof the sum of one hundred ten thousand one hundred forty-four dollars and twenty-three cents (\$110,144.23), including interest at 5.750 percent per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, west entrance to the Alcona County Building in Harrisville, Michigan at 10 a.m. o'clock, on February 15, 2012.

Said premises are located in Alcona County, Michigan and are described as: That part of the north half (N-1/2) of the northwest quarter (NW-1/4) of Section 29, Town 25 North, Range 5 East, de-

scribed as commencing at the northwest corner of said north half (N-1/2) of the northwest quarter (NW-1/4); thence south 30 rods; thence east 20 rods; thence north 32 rods; thence west 20 rods to the point of beginning.

The redemption period shall be six months from the date of such sale unless determined abandoned in accordance with 1948CL 600.3241a, in which case the redemption period shall be 30 days from the date of such sale. GMAC Mortgage, LLC SBM to GMAC Mortgage Corporation Mortgagee/Assignee
Schneiderman & Sherman, P.C.
23938 Research Drive,
Suite 300
Farmington Hills, MI 48335
GMAC.009137
1-18, 1-25, 2-1, 2-8

Schneiderman & Sherman, P.C., is attempting to collect a debt. Any information we obtain will be used for that purpose. Please contact our office at (248) 539-7400 if you are in active military duty.

Mortgage sale - Default has been made in the conditions of a mortgage made by Ronald J. Melchert, a single man, to Mortgage Electronic Registration Systems, Inc. (MERS), solely as nominee for lender and lender's successors and assigns, mortgagee, dated July 2, 2007, and recorded on July 6, 2007, in Liber 443, on page 903, and assigned by said mortgagee to Federal National Mortgage Association, as assigned, Alcona County records, Michigan, on which mortgage there is claimed to be due at the date hereof the sum of sixty-three thousand five hundred thirty-one dollars and thirty-nine cents (\$63,531.39), including inter-

est at 6.750 percent per annum.

Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public venue, west entrance to the Alcona County Building in Harrisville, Michigan at 10 a.m. o'clock, on February 22, 2012.

Said premises are located in Alcona County, Michigan and are described as: A part of the east 1/2 of the southeast 1/4, Section 18, Town 25 North, Range 5 East, described as commencing at the east 1/4 corner of said Section 18, thence south 88 degrees 44 minutes 19 seconds west along the east-west 1/4 line 1,168.0 feet to the point of beginning; thence continuing south 88 degrees 44 minutes 19 seconds west 33.0 feet; thence south 0 degrees 54 minutes 11

seconds east 297.0 feet; thence south 88 degrees 44 minutes 19 seconds west to a point in an existing fence line; thence south 0 degrees 54 minutes 11 seconds east along said fence line 445.50 feet; thence north 88 degrees 44 minutes 19 seconds east 148.50 feet; thence north 0 degrees 54 minutes 11 seconds west 742.50 feet to the point of beginning.

The redemption period shall be six months from the date of such sale unless determined abandoned in accordance with 1948CL 600.3241a, in which case the redemption period shall be 30 days from the date of such sale.

Federal National Mortgage Association Mortgagee/Assignee
Schneiderman & Sherman, P.C.
23938 Research Drive, Suite 300
Farmington Hills, MI 48335
1-25, 2-1, 2-8, 2-15

Classified Ad Deadline is Monday at 5 p.m. Call 989-724-6384